



INTERNAL QUALITY ASSURANCE CELL BUNIADPUR MAHAVIDYALAYA

Selimabad, P.O.: Buniadpur, P.S.: Banshihari,
Dakshin Dinajpur, West Bengal, India- 733 121.
(Affiliated to the University of Gour Banga)

Website: <https://buniadpurmahavidyalaya.org/>
Email: iqac.buniadpurmahavidyalaya@gmail.com
Contact No.: (+91) 9775840064

Ref: BM/IQAC/ 01 /2022

Dated: 28/ 11/2022

বিজ্ঞপ্তি/ Notice

বিষয়: বুনিয়াদপুর মহাবিদ্যালয়ের ছাত্র-ছাত্রীদের জন্য বিশেষ 'প্রোগ্রাম' ।

এতদ্বারা বুনিয়াদপুর মহাবিদ্যালয়ের সকল ছাত্র - ছাত্রীদের জানানো যাচ্ছে যে, আগামী ২২ এ ডিসেম্বর, ২০২২ থেকে বুনিয়াদপুর মহাবিদ্যালয়ের প্লেসমেন্ট এন্ড স্কিল ডেভেলপমেন্ট সেল এবং আই কিউ এ সির উদ্যোগে ছাত্র-ছাত্রীদের জন্য বিশেষ কিছু 'প্রোগ্রাম' অনুষ্ঠিত হবে। এই প্রোগ্রামগুলির উদ্দেশ্য হল ছাত্র-ছাত্রীদের বিভিন্ন বিষয়ে জ্ঞান ও দক্ষতা বৃদ্ধিতে সহায়তা করা। 'প্রোগ্রাম'গুলির নাম, তারিখ, সময় নিম্নে উল্লেখিত হয়েছে। এই 'প্রোগ্রাম'গুলিতে উল্লিখিত ক্লাসের সকল ছাত্র-ছাত্রীদের অংশগ্রহণ বাধ্যতামূলক।

Subject: Special 'Program' for students of Buniadpur Mahavidyalaya.

All the students of Buniadpur Mahavidyalaya are hereby informed that from **December 22, 2022**, some special programs will be held for students under the initiative of Placement and Skill Development Cell of Buniadpur Mahavidyalaya and IQAC. The objective of these programs is to help the students to increase their knowledge and skills in various subjects. The names, dates and times of the 'programmes' are mentioned below. Participation of all the students of the mentioned classes in these 'programmes' is compulsory.

Dr. Samigopal Das

Coordinator

IQAC

Buniadpur Mahavidyalaya

Co-ordinator
IQAC
Buniadpur Mahavidyalaya
Buniadpur, D/Dinajpur

5.1.2

Capacity building and skills enhancement initiatives taken by the institution include the following:

- 1.Soft skills
- 2.Language and communication skills
- 3.Life skills (Yoga, physical fitness, health and hygiene)
- 4.ICT/computing skills

Academic Session: 2022-2023

22nd December, 2022 to 28th December, 2022

Capacity Building and Skills Enhancement Activities: Soft Skills, Language and Communication Skills, Life Skills, ICT/Computing Skills Organised by Placement and Skill Development Cell in Collaboration with IQAC, Buniadpur Mahavidyalaya

Academic Session: 2022-2023

Tentative Routine

Date	Time	Room No.	Semester	Programme/Course	Topic	Teacher
22 Dec. 2022	11AM to 12 NOON	04	III & I	Bengali (H) English (H) Sanskrit (H)	Language & Communication Skills: ‘The Power of Story Telling: How to Captivate Your Audience & Make Your Message Stick’	S.G.D.
	1PM to 2 PM	06	III & I	Sociology (Gen.)	Soft Skill: ‘Delegation and Empowerment: Leading from the Front and Building Strong Teams’	J.C.C. (Principal)
23 Dec. 2022	12Noon to 1 PM	04	III & I	Education (H) English (H)	Soft Skill: ‘Time Management for the Modern Student: Mastering Your Schedule and Boosting Productivity.’	R.T.
	1PM to 2 PM	06	III & I	Bengali (H & Gen.) Philosophy (Gen.)	Life Skills: ‘মানসিক সুস্থতাঃ শান্তি ও সফলতার চাবিকাঠি ।’	S.F.R.
24 Dec. 2022	12Noon to 1 PM	04	III & I	Pol. Sc. (H) Education (H)	Soft Skill: ‘Financial Literacy for Students: Budgeting, Saving and Investing for a Secure Future.’	J.C.C. (Principal)

	1PM to 2 PM	06	III & I	English (H) Bengali (H) Sanskrit (H)	Computing Skill: ‘Cyber Savvy: Staying Safe & Secure in the Online Frontier’	A.M.
27 Dec. 2022	12Noon to 1 PM	04	III & I	History (H) Pol. Sc.(H) Education (H)	Computing Skill: ‘Tech Trends Trek: Navigating ICT-based Skills and Innovations’	A.M.
	1PM to 2 PM	06	III & I	Education (Gen.) Sociology (Gen.)	Life Skills: ‘Wellness Matters: Health and Hygiene Essentials’	B.M.
28 Dec. 2022	12Noon to 1 PM	04	III & I	Education (Gen.)	Soft Skill: ‘Stress Management for Success: Building Resilience and Maintaining Mental Well-being’	R.S.
	1PM to 2 PM	06	III & I	Philosophy (Gen.) Sanskrit (H. & Gen.)	Life Skills: ‘জীবনের জন্য যোগ ।’	S.G.D.

5.1.2

Capacity building and skills enhancement initiatives taken by the institution include the following:

1. Soft skills
2. Language and communication skills
3. Life skills (Yoga, physical fitness, health and hygiene)
4. ICT/computing skills

Supporting Documents

Capacity Building and Skills Enhancement Activities: Soft Skills, Language and Communication Skills, Life Skills, ICT/Computing Skills, organised by Placement and Skill Development Cell in Collaboration with IQAC, Buniadpur Mahavidyalaya

Academic Session: 2022-2023

22nd December, 2022 to 28th December, 2022

22nd Dec. 2022

11AM to 12 NOON

Language & Communication Skills: ‘The Power of Story Telling: How to Captivate Your Audience & Make Your Message Stick’



22nd Dec. 2022

1PM to 2 PM

Soft Skill: 'Delegation and Empowerment: Leading from the Front and Building Strong Teams'



23 Dec. 2022

12NOON to 1 PM

Soft Skill: 'Time Management for the Modern Student: Mastering Your Schedule and Boosting Productivity.'



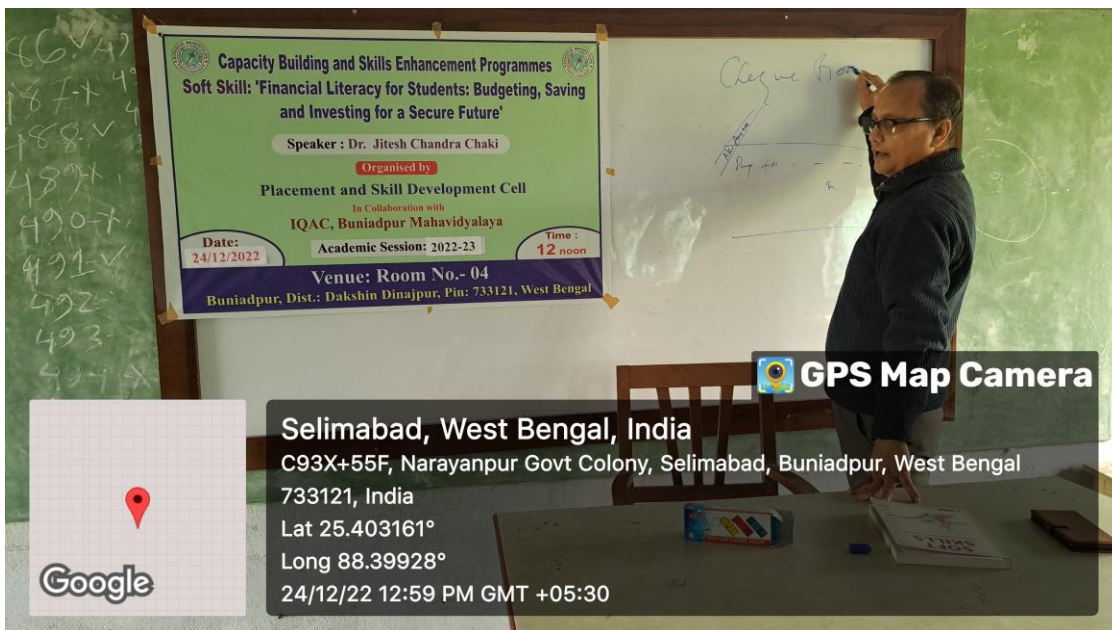
23 Dec. 2022
1PM to 2 PM

Life Skill: 'মানসিক সুস্থতাঃ শান্তি ও সফলতার চাবিকাঠি ।'



24 Dec. 2022
12NOON to 1 PM

Soft Skill: 'Financial Literacy for Students: Budgeting, Saving and Investing for a Secure Future.'



24 Dec. 2022
1 PM to 2PM

Computing Skill: 'Cyber Savvy: Staying Safe & Secure in the Online Frontier'



27th Dec. 2022

12 Noon to 1 PM

Computing Skill: 'Tech Trends Trek: Navigating ICT-based Skills and Innovations'



27th Dec. 2022

1 PM to 2 PM

Life Skills: 'Wellness Matters: Health and Hygiene Essentials'





28th Dec. 2022

12 Noon to 1 PM

Soft Skill: 'Stress Management for Success: Building Resilience and Maintaining Mental Well-being'



28th Dec. 2022
1PM to 2 PM

Life Skills: 'জীবনের জন্য যোগ ।'



Total Present: 75

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Language and Communication Skills: 'The Power of Story Telling; How to Captivate your Audience and Make your Message stick'

DATE: 22.12.2022

SPEAKER: Dr. Santigopal Das

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	RUMANA KHATUN	1st	623	8436835444	Rumana Khatun
02	RESMA REKHA YESMIN	1st sem	1055	958322511565	Resma Rekha Yesmin
03	LACKY PARVIN	1st	814	816778076	Lacky Parvin
04	BARSHA BHUIMALI	1st	1046	8967829841	Barsha Bhumali
05	SANGITA MAHATO	3rd	1156	8509156409	Sangita Mahato
06	ASHTAMI KARMAKAR	3rd	1327	8101246735	Ashtami Karmaakar
07	BICHITRA MANDAL	3rd	260	760272478	Bichitra Mandal
08	SUPRIYA MANDAL	3rd	261	7384182077	Supriya Mandal
09	PATULI SARKAR	1st	74	8918507480	Patuli Sarkar
10	SAMPA BISWAS	3rd	100	8509654926	Sampa Biswas
11	BANNA BHAKTA	3rd	1073	9883576185	Banna Bhakta
12	TAMALIKA SARKAR	1st	67	7319524482	Tamaleka Sarkar
13	MOLLIKA PARVIN	1st	1067	9332323911	Mollika Parvin
14	ABHAZORA KHATUN	1st	553	8617641820	Abhazora Khatun
15	RAKHI BALA DEBSHARMA	1st	540	8653633475	Rakhi Bala Debsharma
16	PRAJIMA SARKAR	3rd	104	8597622609	Prajima Sarkar
17	SANGITA MAHATO	3rd	953	964125863	Sangita Mahato
18	SHILPI ROY	1st	1968	8653367571	Shilpi Roy
19	BASANA SARKAR	1st	176	7601882273	Basana Sarkar
20	MADHUMITA SARKAR	1st	353	9382602223	Madhumita Sarkar
21	RAMA SARKAR	1st	299	7699735273	Rama Sarkar
22	SANGITA KARMAKAR	1st	1369	9851535831	Sangita Karmaakar
23	SANGITA SARKAR	3rd	172	9635393239	Sangita Sarkar
24	MIRAJUL ISLAM	1st	1012	9091247049	Mirajul Islam
25	TANMOY SARKAR	1st	1015	8509185745	Tanmoy Sarkar
26	SAMA SARKAR	1st	514	6294691442	Sama Sarkar
27	SNEHA DUTTA	1st	287	7001855213	Sneha Dutta
28	POLLY HALDER	1st	1025	7507709251	Polly Halder
29	Priya Sarkar				Priya Sarkar
30	RISYA SARKAR	3rd	1306	7076499578	Risya Sarkar
31	SANKITA CHOWDHURY	3rd	85	8145103317	Sankita Chowdhury
32	SHIKHA DEBSHARMA	3rd	979	7866066977	Shikha Debsharma
33	MANDIRA MURMU	3rd	140	700111361	Mandira Murmu
34	CHUMKI SARKAR	1st	1029	9641922522	Chumki Sarkar
35	PAMPA DEBSHARMA	1st	75	760189240	Pampa Debsharma

Tanmoy Sarkar, 22/12/22

Dr. Santigopal Das 22/12/22
Signature of the Coordinator(s)

Dr. Santigopal Das
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Language and Communication Skill: 'The Power of Story Telling':
How to Captivate your Audience and Make your Message stick

DATE: 22.12.2022

SPEAKER: Dr. Santigopal Das

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	PRIYANKA SABNAM	3 rd Ist	621	629660841	Priyanka
02	PIU DEBNATH	1 st	581	760289052	Piu Debnath
03	SANCHITA SARKAR	1 st	164	9907072248	Sanchita Sarkar
04	TUMPA SARKAR	1 st	561	8293019750	Tumpa Sarkar
05	BANASRI SARKAR	1 st	72	760186779	Banasri Sarkar
06	MINA SARKAR	1 st	488	6294174584	Mina Sarkar
07	BHASUTI SARKAR	1 st	35	7318993624	Bhasuti Sarkar
08	SANGITA ROY	1 st	38	959390891	Sangita Roy
09	KRISHNADEBSHARMA	1 st	1100	7866955411	Krishna Debsharma
10	LATIKA SARKAR	1 st	560	9882358846	Latika Sarkar
11	RIMA PARVIV	1 st	1374	8972131688	Rima parvir
12	SHYAMALI BASKEY	1 st	1288	8945031107	Shyamali Baskey
13	SHIBANI SARKAR	1 st	626	7501022189	Shibanisarkar
14	SUJATA ROY	1 st	629	7029082379	Sujata Roy
15	SHILPA HASDA	1 st	170	7811041732	Shilpa Halda
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Taneme Shilpa 21/12/2022

Dr. Santigopal Das 22/12/22
Signature of the Coordinator(s)

Dr. Santigopal Das
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

TOPIC: Language and Communication Skill: 'The Power of Story Telling: How to Captivate your Audience and Make your Message Stick'.
(Academic Session: 2022-2023)

DATE: 22.12.2022

SPEAKER: Dr. Santigopal Das

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	MONALISHA PARVIN	1st Sem	396	9647172057	Monalisha Parvin
02	BEAUTI SARKAR	1st Sem	942	9800657280	Beauti Sarkar
03	PRIYANKA SARKAR	1st Sem	994	7601800615	Priyanka Sarkar
04	SREYA SARKAR	1 Sem	1020	790878920	Sreya Sarkar
05	DEBLINA SANNYASHI	(III) Sem	275	8649838614	Deblina Sannyashi
06	MONISHA SHIL	1st Sem	671	9832935798	Monisha Shil
07	PRATIK KUMAR SARKAR	3rd Sem	346	6297514391	Pratik Kumar Sarkar
08	JOYKANTA SARKAR	3rd Sem	386	6294091142	Joykanta Sarkar
09	BUDHDH DEB TIRKI	2nd Sem	292	9041595474	Buddhadet Tirki
10	AMIT ROY	1st Sem	998	9832814910	Amit Roy
11	BISWAJIT SARKAR	3rd Sem	316	7029745898	Biswajit Sarkar
12	SUMITA ORAU	3rd Sem	456	8967827789	Sumita Orau
13	MAMATA SARKAR	3rd Sem	368	7602550057	Mamata Sarkar
14	REMIKA PARVIN	1st Sem	1008	9315567213	Remika Parvin
15	RIYA SABNAM	1st Sem	996	9599287283	Riya Sabnam
16	MAMPTARA KHATUN	1st Sem	1000	8637073221	Mamptara Khatun
17	Ashim Kumar				
18	ASHIM KR. SARKAR	3rd Sem	19	8617055271	Ashim kr. Sarkar
19	CHITRA BASAK	3rd Sem	259	9883391182	Chitra Basak
20	ASHIK SARKAR	3rd Sem	312	8388905978	Ashik Sarkar
21	Jayanta Khan				Jayanta Khan
22	MANJURA KHATUN	1st Sem	428	889718957	Manjura Khatun
23	SAHIN BANU	1st Sem	1341	959372002	Sahin Banu
24	PIROJA BANU	1st Sem	447	876826771	Piroja Banu
25	MARJINA KHATUN	1st	43	876843816	Marjina Khatun
26	LOVELY KHATUN	1st	431	7497842210	Lovely Khatun
27					
28					
29					
30					
31					
32					
33					
34					
35					

Ganesh Saha 24/12/2022

Dr. Santigopal Das 22/12/2022
Signature of the Coordinator(s)

Dr. Santigopal Das
Signature of the Speaker

Total Present: 114

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Soft skill : 'Delegation and Empowerment'. Leading from the Front and Building Strong Teams'

DATE: 22.12.2022

SPEAKER: Dr. Jitesh chandra Chaki

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	Smiti Mahato	III	878	8942071618	Smiti Mahato
02	PUJA MAHATO	1st	126	8649833860	Pujamahato
03	Bhumiya Mahato	First	1080	864984262	Bhumiya Mahato
04	ANUSHRI MAHATO	3rd	1056	894280383	Anushri Mahato
05	PRATIMA MAHATO	Third	895	2500224068	Pratima Mahato
06	NIPABATHI SARKAR	1st	168	8116312917	Nipabathi Sarkar
07	SAMPA RABIDAS	I	1037	9734128749	Sampa Rabidas
08	DHULAN SARKAR	1 sem	449	9002957428	Dhulan Sarkar
09	DIPALI HEMBRAM	3RD	609	7674870530	Dipali Hembram
10	SANIKA MARDI	Third	605	9832896240	Sanika Mardi
11	KABITA DEBI MURMU	III	812	7547938652	Kabita Debi Murmu
12	FULMONI HEMBRAM	3rd	725	8647734372	Fulmoni Hembram
13	SHILA DEBRATH	SEM-III	1442	6296497747	Shila Debrath
14	MOUSUMI PAUL	3rd	841	7679509761	Mousumi Paul
15	REKHA SARKAR	3 SEM	827	7865805518	Rekha Sarkar
16	SHIKHA ROY	III	893	8918299413	Shikha Roy
17	PUTIKA SARKAR	1 sem	912	6296141718	Putika Sarkar
18	BANITA SARKAR				
19	BANITA SARKAR	III	353	7501016210	Banita Sarkar
20	BASANTI SARKAR	3RD SEM	280	6296346698	Basanti Sarkar
21	ASHTAMI ROY	1st Sem	100	9382104912	Ashtami Roy
22	RUPALI PAHAN	First III	1821	7478119209	Rupalipahan
23	HIYA SARKAR	III sem	753	8597599181	Hiya Sarkar
24	Seely Moktazina	3rd sem	1234	9883593754	Seely Moktazina
25	Farhana Parrin	III	1075	9933485778	Farhana Parrin
26	Sultana parrin	III	1099	6295803114	Sultana parrin
27	RINKI HAIYAT	Sem-1st	974	8348030344	Rinki Haiyat
28	RAMA SARKAR	1st	292	7699735213	Rama Sarkar
29	MADHUMITA SARKAR	First	353	9382602223	Madhumita Sarkar
30	BAS BASANA SARKAR	I	176	7601882272	Basana Sarkar
31	Shikha Biswas	III	559	8670716760	Shikha Biswas
32	SAMIMA KHATUN	3RD	817	896707028	Samima Khatun
33					
34					
35					

Taneemulla 22/12/2022

Dr. Smiti Gobal 22/12/22
Signature of the Coordinator(s)

Signature of the Speaker

~~Bank Project & JFD~~

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Soft Skill : Delegation and Empowerment; Leading from the
Front and Building Strong Teams'

DATE: 22.12.2022

SPEAKER: Dr. Jitesh chandra Chari

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	JAYA ROY	3rd	545	8653162248	Jaya Roy
02	SHEFALY KARMAKAR	III	952	9531777064	Shefaly Karமாக
03	SIKHA RANI SINGHA	III	1281	8927741282	Sikha Rani Singha.
04	SABNUR KHATUN	3rd	532	973349510	Sabnur Khatun
05	MONISHA SHIL	1st	671	9832935798	Monisha Shil
06	SUMANA PARVIN	III	197	8250411530	Sumana Parvin
07	PRIYATU ROY	3rd	1208	9907956528	Priyatu Roy
08	SAPTAMI ROY	3rd	526	7719349792	Saptami Roy
09	Aislin Pasovic	1st	693	706370313	Aislin Pasovic
10	Mostarina Parvin	III	1211	9382635790	Mostarina Parvin
11	ABSANA PARVIN	3rd	797	7872818696	Absana Parvin
12	SUSMITA HENA PARVIN	III	177	9641845342	S. H. P
13	LOVELY NURJAHAN	3rd	379	6297808625	Lovely Nurjahan
14	FARHANA PARVIN	III	735	6297490014	Farhana Parvin
15	MOSTURA KHATUN	3sem	378	9382316293	Mostura Khatun.
16	Rakha Yesmin	1st	688	8912049417	Rakha Yesmin
17	LIZA PARVIN	III	694	8653367588	Liza Parvin
18	ARJUMAN KHATUN	3rd	653	8293746812	Arjuman Khatun
19	MASUFA KHATUN	Third	880	7501731314	Masufa Khatun
20	MASRUBA PARVIN	3SEM	881	8101498376	Masruba Parvin
21	FULTUSI MAHATO	III	409	8509579366	Fultusi Mahato
22	SANGITA MAHATO	3RD	716	8945836315	Sangita Mahato
23	JOYSHREE PRODHAN	III	1083	8116898050	Joyshree Prodhan
24	REETA PARVIN	III	92	7585821160	Reeta Parvin
25	DIPPA ROY	3rd	667	9609778269	Dippa Roy
26	LILI SARKAR	III	474	8348457139	Lili Sarkar
27	POLLY HALDER	First	1025	7501109251	Polly Halder
28	SUBARNA PAUL	III	864	7430067082	Subarna Paul
29	Sumittra Hasda	3rd	36	6297328799	Sumittra Hasda
30	BARNALI MONDAL	3rd	427	9647414587	Barnali Mondal
31	INDRANIL DEBNATH	III	1285	9749373576	Indranil Debnath
32	SUSMATHAKUR	III	557	7407056520	Susmathakur
33	PURNIMA MANDAL	3RD	1264	7478119598	Purnima Mandal
34	SHIKHA MAHATO	III	565	7363850528	Shikha Mahato
35	JHARI ROY	3rd	1209	8509577070	Jhari Roy

Tameine Datta

22/12/2022

Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Soft Skill: 'Delegation and Empowerment: Leading from the Front and Building Strong Teams'

DATE: 22.12.2022

SPEAKER: Dr. Jitesh Chandra Chakri

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	RITA SARKAR	B.A - III	984	8509334831	RITA SARKAR
02	DIPA SARKAR	B.A - III	998	7865903936	DIPA SA DIPA SARKAR
03	MAYA SARKAR	3rd	790	6294654524	Maya Sarkar
04	RADHARANI SARKAR	III	983	6295889416	Radha Ranu Sarkar
05	DIPANIDEBSHARMA	3rd	979	8389081531	Dipa Pami Deb Sharma
06	NAMITA SARKAR	3rd	978	9382130954	Namita Sarkar
07	BRISTI ROY SARKAR	III	808	8509771047	Bristi Roy Sarkar
08	BITTIKA ROY	Third	1174	8388991801	Bittika Roy
09	TAMALKA SARKAR	1st	67	9332323971	Tamalka Sarkar
10	SANGITA ROY	1	38	9593908919	Sangita Roy
11	BHASUTI SARKAR	1st	35	7318999626	Bhasuti Sarkar
12	MINA SARKAR	First	488	6294174584	Mina Sarkar
13	PROMITA YESMIN	3rd sem	461	9732774970	Promita yesmin.
14	PINKI MAHATO	III	898	9339248606	pinkimahato
15	PINKI DEBSHARMA	SEM - III	1163	9339043326	pinkidebsharma
16	SUNITA SARKAR	3th	1041	6295027542	Sunita Sarkar
17	BABITA SARKAR	III	1114	7076944346	Babita Sarkar
18	EMEJISAN MARUB	Sem-1	670	9599552560	Emejisan Marub
19	Samantha parvati	1sem	676	7364045933	Samantha parvati
20	BABITA PARVIN	1	697	9641131762	Babita Parvin
21	SUDARSHAN KARMAKAR	ISEM	4	8167449180	Sudarshan Karanaka
22	KANIKA MAHATO	1st	539	8670912018	Kanika Mahato
23	ETI MAHATO	1	532	7810993936	Eti Mahato
24	MAMUNI SINGHA	First	91	7865084997	Mamuni Singha
25	JAYA BARMAN	First	125	9749473822	Jaya Barman
26	PAYEL MARDI	1	342	9883632219	Payel Marddi
27	SUKITA BASKEY	Sem-1	727	9339897500	Sukita Baskey
28	ALPONA HANSDA	1st	649	7431884987	Alpona Hansda
29	RAGINA HEMRAM	1st	184	8967816162	Ragina Hemram
30					
31					
32					
33					
34					
35					

Taneina Datta, 22/12/2022

Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Soft Skill ; 'Delegation and Empowerment: Leading from the Front and Building Strong Teams'

DATE: 22.12.2022

SPEAKER: Dr. Jitesh chandra Charki

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER/ PASSED OUT YEAR	ROLL NO.	CONTACT NO.	SIGNATURE
01	NASMIN KHATUN	B.A.1ST	112	7501683579	Nasmin khatun
02	RUBANAYESMIN	1ST	191	6296711199	Rubana yesmin
03	RUMI PARVIN	I	103	8293019031	Rumi Parvin
04	SALAMA KHATUN	1sem	79	8649830382	Salama khatun
05	RESMA PARVIN	I	407	7430858116	Resma Parvin
06	KUSUM MAHATO	1ST	492	8617372391	Kusum Mahato
07	CHUMKI SHARMA	First	1029	9841922522	Chumki Sharma
08	RITA BARMAN	B.A-I	1079	9733292775	Rita Barman
09	SHILPI PAHAN	I	636	9547915090	Shilpi Pahan
10	TANJUYARA KHATUN	3rd	156	7583977968	Tanjuyara khatun
11	LILI SHARMA	III	1114	8388851639	Lili Sharma
12	E.B JOHORA KHATUN	3rd	570	8653269516	E.B Johora khatun
13	TOYABHOWNICK	III	2102	8145004677	Toyabhownick
14	RESHMI PERVIN	1ST	1102	7501739124	Reshmi Pervin
15	Anjidil Hembromam	First	379	993337170	Anjidil Hembromam
16	MORTINA HASDA	I	310	7601864834	Mortina Hasda
17	LAXMI KISKU	first	322	8250114861	Laxmi kisku
18	SWAPNA MAHATO	1sem	1041	89067885839	Swapna Mahato
19	RAHIN BANU	3RD	546	7029198187	Rahin Banu
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Signature of the Coordinator(s)

Taneera Sultana 22/12/2022

Dr. Santigoloy Das 22/12/22

Signature of the Trainer

(Handwritten Signature)

Total Present % 51

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: SOFT SKILL: 'Time Management for the Modern Student: Mastering Your schedule and Boosting Productivity'

DATE: 23.12.2022

SPEAKER: PROF. RABI TIĞGA

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	RAKESH REJA	IST	977	7501380775	Rakesh Reja
02	MD. GOLAM MORTUJA	I	652	9679650018	md.golam mortuja
03	RAHUL ROY	IST	282	6296929186	Rahul Roy
04	BIPLAB SARKAR	IST	714	8653691540	Biplab Sarkar
05	JAYANTA KHAN	I	1024	7063396077	Joyanta Khan
06	AMIT ROY	I	008	9832814000	Amit Roy
07	FULLAN SARKAR	IST	1001	8509460216	Fullan Sarkar
08	SAGAR MALAHA	I	93	8967932567	Sagar Malaha
09	ASHIP BESRA	I	588	9907969551	Aship Besra
10	MIRAJUL ISLAM	I	1012	0091247040	Mirajul Islam
11	SHUBHOJIT ROY	IST	1028	9434526886	Shubhojit Roy
12	TANMOY SARKAR	IST	1015	8509685745	Tanmoy Sarkar
13	SAMA SARKAR	I	514	6294091942	Sama Sarkar
14	KRANTI CHOWHAN	IST	584	8116147752	Kranti Chowhan
15	NAISIL DARVIN	I	962	9775510842	Naisil Darvin
16	POLLY HALDER	I	1004	7501109251	Polly Halder
17	SHYAMALI BASKEY	I	128	8945031107	Shyamali Baskey
18	CHUMKI SARKAR	IST	1029	9641922522	Chumki Sarkar
19	RITA BARMAN	IST	1079	9733292775	Rita Barman
20	RUPA SARKAR	Isem	072	7811082439	Rupa Sarkar
21	CHANKUMARI PRAMANIK	IST	1019	7872061991	Chankumari Pramanik
22	PRIYANKA DAS	I SEM	1078	9733135891	Priyanka Das
23	RESMA RESMA YESMIN	I	1055	9832254565	Resma Resma Yesmin
24	RUMANA KHATUN	IST	603	8436895444	R.K
25	RIEXONA RIMI	IST	1017	8768492452	Rexona Rimi
26	PRIYANKA SARKAR	I SEM	1197	9382705356	Priyanka Sarkar
27	TAMALIKA SARKAR	I	67	9332323971	Tamalika Sarkar
28	NAYAN MANDAL	Isem	363	7047256864	Nayan Mandal
29	SWAPAN ROY	III	935	9064039511	Swapan Roy
30					
31					
32					
33					
34					
35					

Tanima Dutta
23/12/2022

Rabi Tigga
23.12.2022

Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *SOFT SKILL: 'Time Management for the Modern Student: Mastering Your schedule and Boosting Productivity'*

DATE: *23/12/2022*

SPEAKER: *PROF. RABI TIGGA*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	RIMI SNEHA PARVIN	1ST	1006	9735877350	Rimi Sneha Parvin.
02	APSANA SIDDIKA	1Sem	1026	9907073071	Apsana Siddika
03	HENA PARVIN	1ST	643	6297354139	Hena Parvin
04	SABNUR PARVIN	I	1014	6297149171	Sabnur parvin
05	SUHAIRA TANJIT	1ST	598	9733072863	Suhaira Tanj
06	RINKI HAIYAT	I	974	9348030344	Rinki Haiyat
07	AYESHA SIDDIKA BANU	1ST	106	7719265460	Ayesha Siddika Banu
08	JYOTSNA MAHATO	1ST	1085	8942959688	Jyotsna mahato
09	ANWESHA BAL MAJUMDER	1st	1043	7797302648	Anwasha Bal majumder
10	PRIYA HALDAR	I	556	8927233943	Priyabhaddar
11	MASUDA KHATUN	1ST	964	8513874610	Masuda khatun
12	SABNAJ SABNAM	I	1105	8327821240	SABNAJ
13	REKSONA KHATUN	1ST	647	8287249996	Reksora khatun
14	REBEKA SULTANA	I	361	7069578994	Rebeka sultana
15	SUSMITA DAS	I	904	8101171475	susmita Das
16	SMRITI MAHATO	III	878	8912071618	SMRITI MAHATO
17	PRATIMA MAHATO	3rd	805	8500229068	Pratimamahato
18	ANUSHRI MAHATO	3rd	897	8942800383	Anushri mahato
19	SANGITA MAHATO	III	716	8945836315	Sangita Mahato
20	FULTUSI MAHATO	3sem	409	8509579366	Fultusi Mahato
21	SARIKA SULTANA	1ST	472	8372958597	Sarika sultana
22	SUBARNA SARMIN AKTAR	1SEM	830	8993221781	Subarna sarmin aktar
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Rabi Tigga
23.12.2022

Signature of the Coordinator(s)

Signature of the Speaker

Total Present: 88

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Life Skills: 'Mental Wellbeing: Key to Achieve Peace & Success'
(Mental Wellbeing: Key to Achieve Peace & Success)

DATE: 23.12.2022

SPEAKER: Prof. Md. Sarfaraz Rahman

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	AYESHA SIDDIKA BANU	First	106	7719265460	Ayesha Siddika Banu
02	JYOTSNA MAHATO	I	1085	8992959688	Jyotsna Mahato
03	ANWESHA DAL MAJUMDER	1st sem	1049	7797903648	Anwesh Dal Majumder
04	PRIYA HALDAR	first	556	9927235443	Priya Haldar
05	RESMA REKHA YESMIN	I	1055	9832254565	Resma Rekha Yesmin
06	REXONA RIMI	1st	1017	8768492452	Rexona Rimi
07	RUMANA KHATUN	First	623	8436895444	R.K.
08	NAISIL PARVIN	I sem	962	9775510842	Naisil Parvin
09	FULAN SARKAR	1st	1001	8509460216	Fulan Sarkar
10	SHUBHOJIT ROY	I sem	1028	9434526886	Shubhojit Roy
11	TANMOY SARKAR	1st	1015	8509685745	Tanmoy Sarkar
12	MIRAJUL ISLAM	I	1012	0001247040	Mirajul Islam
13	AMIT ROY	I sem	008	9839814990	Amit Roy
14	JAYANTA KHAN	1st	1024	9832814900	Joyanta Khan
15	SWAPAN ROY	3rd	935	8064039511	Swapan Roy
16	NAYAN MANDAL	III	363	7047256864	Nayan Mandal
17	RANA PRATAP SARKAR	1st	1104	7679695579	Rana Pratap Sarkar
18	ABDUL ROUF	I	335	9660956053	Abdul Rouf
19	BIPLESH ROY	1st sem	767	6297574936	Biplash Roy
20	SATYAJIT ROY	I sem	367	8250064697	Satyajit Roy
21	PARESH ROY	1st SEM	325	7978722450	Parsh
22	KARTIK MURMU	3rd sem	185	8637595750	Kartik Murmu
23	SUJATA ROY	I	629	7029082379	Sujata Roy
24	SHILA HASNA	I	170	7811641732	Shila Hasna
25	BARSHA BHUIMALI	First	1046	8967829891	Barsha Bhumali
26	SAMARJIT DEBSHARMA	III	1401	9879218525	Samarjit
27	BHASKAR SAHA	3rd	78	7047537391	Bhaskar Saha
28	UJJAL SHIL	3rd	73	8927081348	Ujjal Shil
29	SANKITA CHOWDHURY	III	85	8145103397	Sankita Chowdhury
30					
31					
32					
33					
34					
35					

Taneme Shilpa 23/12/2022

Dr. Santigoboy Das 23/12/22
Signature of the Coordinator(s)

Md. Sarfaraz Rahman
Signature of the Speaker 23.12.22

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Life skills : 'Mental well being : Key to Achieve Peace & Success'
(Mental well being : Key to Achieve Peace & Success)

DATE: 23.12.2023

SPEAKER: Prof. Md. Sarfraz Rahman

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	ANAMIKA SINGHA	III	595	8900042214	Anamika Singha
02	PINKI BARMAN	3rd	769	6297028838	Pinki Barman
03	MOLLIKA ROY	3rd	1366	8509362974	Mollika Roy
04	PINKI MAHATO	III	46898	9339248606	Pinki Mahato
05	PROMITA YESMIN	3rd	461	9732774970	Promita Yesmin
06	SABNUR PARVIN	Ist	1014	6297149171	Sabnur parvin
07	HENA PARVIN	First	643	6297354139	Hena Parvin
08	RIMI SNEHA PARVIN	1st	1006	9735877350	Rimi sneha parvin
09	AFSANA SIDDIKA	I sem	1026	9907073071	Afsana Siddika
10	SANGITA MAHATO	3rd	716	8945836355	Sangita mahato
11	FULTUSI MAHATO	III	409	8504579366	Fultusi Mahato
12	ANUSHRI MAHATO	3rd sem	897	8942800383	Anushri mahato
13	PRATIMA MAHATO	III	895	8509224068	Pratima mahato
14	SMRITI MAHATO	3rd	878	8942071618	Smriti mahato
15	POLLY HALDER	1st sem	1004	7501109251	Polly Halder
16	SHYAMALI BASKEY	I sem	128	8945031107	Shyamali Baskey
17	SANCHITA SARKAR	I	164	9907072248	Sanchita Sarkar
18	SABNAJ SABNAM	1st	1105	9733033902	Sabnaji Sabnam
19	MASUDA KHATUN	I sem	964	8513874610	Masuda khatun
20	REKSONA KHATUN	First sem	647	8287949996	Reksona khatun
21	REBEKA SULTANA	1st	361	7663578994	Rebeka sultana
22	MILI PAUL	I SEM	320	8328799268	Mili PAUL
23	SANKARI PAUL	1st sem	820	8345879040	Sankari Paul
24	SUMTI PAUL	First sem	1087	9134045867	Sumti Paul
25	SABNUR KHATUN	3rd	532	97334906	Sabnur khatun
26	SHEFALY KARMAKAR	3rd	952	9531777064	Shefaly karmakar
27	SIKHA RANI SINGHA	3rd	1281	8927741282	Sikha Rani Singha
28	Prisunka Mondal	3rd	288	9800891319	Prisunka Mondal
29	JAYA ROY	3rd sem	595	8653162248	Jaya Roy
30					
31					
32					
33					
34					
35					

Tanima Sultana 23/12/2023

Dr. Sumti Paul 23/12/22
Signature of the Coordinator(s)

Md. Sarfraz Rahman
Signature of the Speaker

23.12.22

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: 'Mental Wellbeing: Key to Achieve Peace and Success'
(Life Skills)

DATE: 23.12.2022

SPEAKER: Prof. Md. Sarforaz Rahman

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	JELY PARVIN	3	98	9883813887	Jely parvin
02	AJMIRA PARVIN	III	246	9339480428	Ajmira parvin
03	SAMA SARKAR	1st	514	6294091942	Soma Sarkar
04	PRIYANKA DAS	1st sem	1078	9733135891	Priyanka Das
05	CHANKUMARI PRAMANIK	I	1019	787206191	Chankumari pramanik
06	DEBI TUDU	3rd	1453	8250974876	Debi Tudu
07	SOMA ROY	III	525	7524035017	Soma Roy
08	MOHUYA ROY	3	401	7477675579	Mohuya Roy
09	RITA BARMAN	1st	1079	9733292775	Rita Barman
10	CHUMKI SARKAR	First	1029	9691922522	Chumki Sarkar
11	PIU DEBNATH	1st sem	581	7602890582	Piu Debnath
12	RUPA SARKAR	I	972	7811082439	Rupa Sarkar
13	PRIYANKA SARKAR	1st	1147	9382705356	Priyanka Sarkar
14	TAMALIKA SARKAR	I	67	9332323971	Tamalika Sarkar
15	CHAMPA SARKAR	1st sem	235	8918462266	Champa Sarkar
16	MUNMUN ROY	I	124	9339714518	Munmun Roy
17	SAMPA SHIL	I	485	9627843109	Sampa Shil
18	SUSMITA DAS	I	004	8101171175	Susmita Das
19	SANGITA KARMAKAR	III	1369	7876797092	Sangita Karmakar
20	SHUVANKAR BISWAS	3rd	182	83272109573	Shuvankar Biswas
21	HAFTJUR ISLAM	3rd	812	9641990014	Hafijur Islam
22	RANA SHIL	III	79	8016473565	Rana Shil
23	Chandana Sarkar	3	82	9547057584	Chandana Sarkar
24	ABDUS RASHEL KARIM	3rd	736	9002855560	Abdus Rasel Karim
25	Souvik Dasak	1st sem	1065	8250332535	Souvik Dasak
26	DIPANKAR DAS	First	354	9002679538	Dipankar Das
27	SUSHANTA SARKAR	I	137	8927770783	Sushanta Sarkar
28	PRATIMA SOREN	I	316	9641990384	Pratima Soren
29	CHABI SOREN	1st sem	317	9641990384	Chabi Soren
30	MD-GOLAM MORTUJA	I	652	9679650018	mp. Golam mortu
31					
32					
33					
34					
35					

Tanvina Sultana 23/12/2022

Dr. S. C. G. Das 23/12/22
Signature of the Coordinator(s)

Md. Sarforaz Rahman
Signature of the Speaker

23.12.22

Total Present: 87

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: SOFT SKILL: 'Financial Literacy for Students: Budgeting, Saving
and Investing for a Secure Future'

DATE: 24.12.2022

SPEAKER: DR. JITESH CHANDRA CHAKI

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	ANISA ISMAT	(iii)	31	7431919558	Anisa Ismat
02	MASUMA KHATUN	(iii)	84	8391980709	Masuma Khatun
03	SUMITA YEASMIN	(iii)	914	9733514938	Sumita Yeasmin
04	PRIYA CHAKRABORTY	3 rd	90	8509009576	Priya Chakraborty
05	RITA BARMAN	1 st	1079	9733292775	Rita Barman
06	CHUMKI SARKAR	1 st	1029	9641922592	Chumki Sarkar
07	SALOMI TUDU	(iii)	272	9933045883	Salomi Tudu
08	NAJIMA KHATUN	(3)	449	9382054497	Najima Khatun
09	JITE PARVIN	1 sem	1021	7029990976	Jite parvin
10	MASUDA KHATUN	1 st	964	8513874610	Masuda Khatun
11	SABNAJ SABNAM	1 st	1105	9733033902	Sabraj Sabrum
12	RINKI HAIYAT	SEM-1	974	8348630344	Rinki Haiyat
13	SABNUR PARVIN	1 st	1014	6297149171	Sabnun parvin
14	AFSANA SIDDIKA	(1)	1026	9907073071	Afsana Siddika
15	PRIYANKA SABNAM	(1)	623	6206608941	Priyanka
16	REKSONA KHATUN	SEM-1	647	8287249996	Reksona
17	REBEKA SULTANA	1 st	361	7063578994	Rebeka sultana
18	MANJURA KHATUN	1 st	428	8899718957	Manjura Khatun
19	FIROJA BANU	1	447	8768207799	Firoja Banu
20	SAHIN BANU	(1)	1341	9593720002	Sahin Banu
21	Papi Parvin	1	343	9641378876	Papi Parvin
22	BEBI ARA SULTANA	(1)	1045	8001505715	Bebi Ara Sultana
23	SANGITA SARKAR	(iii)	172	9635393239	Sangita Sarkar
24	DIPTI BARMAN	1 st	49	9046048659	Dipti Barman
25	TANMOY SARKAR	1 st	1045	8509685745	Tanmoy Sarkar
26	MIRAJUL ISLAM	SEM-1	1012	0201247049	Mirajul Islam
27	PIU DEBNATH	1 st	581	7602890582	Piu Debnath
28	SHYAMALI BASKEY	(1)	128	8945031107	Shyamali Baskey
29	PRIYA HALDAR	(1)	556	8927235973	Priya Haldar
30	Ms. GIDAM MORTUJA	(1)	652	9679650018	Gidam Mortuja
31	ANJALI HEMBRAM	(1 st)	379	9533394749	Anjali Hembram
32	DISHA DAS	1 st	910	8509421355	Disha Das
33	MUSKAN PARVIN	SEM-1	334	8436034046	Muskan Parvin
34	SANTANA DEBSHARMA	1 st sem	764	9609726539	Santana Debsharma
35	BASANTI DEBSHARMA	(1)	400	9547915145	Basanti Debsharma

Tanvina Sultana 24/12/2022

Dr. Sanku 901240m 24/12/22
Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC:

DATE: 24.12.2022

SPEAKER: DR. JITESH CHANDRA CHAKI

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	BANITA PAUL	3RD	648	8293235916	Banita Paul
02	LAIJU SABNAM	1 sem	26	6297246702	Laiju Sabnam
03	DEBOSREE DEB	(I)	630	6294398511	Debosree Deb
04	BIJAY Acharya	(I)	275	6297732070	Bijay Acharya
05	DIPANWITA ROY	1ST	18	9339431812	Dipanwita Roy
06	KODIL SARKAR	1ST	940	8670412594	Kodil Sarkar
07	BARSHA BHUIMALI	(I)	1046	8967829891	Barsha Bhumali
08	SANDHYA CHOWHAN	1	715	7020376338	Sandhya Chowhan
09	MONISHA SHIL	1 SEM	671	0832935798	Monisha Shil
10	Rima Parvin	1	427	6295678163	Rima Parvin
11	DISHTI ROY	1ST	104	8649896398	Dishiti Roy
12	PUJA PAUL	(I)	615	9547505777	Puja Paul
13	MOUSHAMI SARKAR	(I)	603	8637330990	Moushami Sarkar
14	Mousami Roy	(I)	1139	9635863100	Mousami Roy
15	Tanushree Sarkar	1ST	644	8649835394	Tanushree Sarkar
16	Saleem Mondal	(I)	1011	8250977482	Saleem Mondal
17	Bindu Mahata	3rd	1421	7074606937	Bindu Mahata
18	Shibira bala SARKAR	3	1180	9641640628	Shibira bala Sarkar
19	Sukita Sarkar	III	1115	8949854627	Sukita Sarkar
20	Manika Raibanshi	iii	1079	7020446396	Manika Raibanshi
21	Shuvangika Roy	(I)	858	7478233287	S Roy
22	NAYAN MANDAL	(iii)	363	7017256864	Nayan mandal
23	PRATIK KUMAR SARKAR	3rd	346	6297514391	Pratik Kumar Sarkar
24	BIKESH ROY	III	706	9885219785	BIKESH ROY
25	BIPLAB SINGHA	SEM-3	74	7501371815	Biplab Singha
26	ASHIM KR. SARKAR	3rd	19	8617055271	Ashim Kr. Sarkar
27	CHITRA BASAK	3	250	9883391182	Chitra Basak
28	ASHIK SARKAR	(III)	312	8388903775	Ashik Sarkar
29	Rakesh Reja	1ST	977	7501380776	Rakesh Reja
30	Prakash mondal	(I)		8016449342	Prakash mondal
31					
32					
33					
34					
35					

Taneme Datta
24/12/2022
Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC:

DATE: 24.12.2022

SPEAKER: DR. JITESH CHANDRA CHAKI

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	SAMA SARKAR	1ST	574	6294091942	Sama Sarkar
02	NAISIL PARVIN	(1)	962	9775510842	Naisil Parvin
03	SAMPA RABIDAS	(1)	1037	9734128779	Sampa Rabidas
04	BEUTY ROY	First	707	9734007586	Beauty Roy
05	NIPABATHI SARKAR	(1)	168	8116312917	Nipabathi Sarkar
06	PARITOSH DEBSHARMA	Sem-1	786	7318630929	Paritosh Debsharma
07	SATYAJIT ROY	1	367	825064697	Satyajit Roy
08	Gourav Mahato	3RD	1337	8972684558	Gourav Mahato
09	Vishal Singh Rastogi	(iii)	1012	9167440345	Vishal Singh Rastogi
10	Babita Roy	Third	249	7869000837	Babita Roy
11	Mamata Sarkar	(iii)	368	7602550057	Mamata Sarkar
12	SUSMITA ORAW	3rd	456	8967827789	Susmita Oraw
13	KABITA SARKAR	Sem-III	12	6297317027	Kabita Sarkar
14	SWAPAN ROY	(iii)	535	906403951	Swapan Roy
15	JOYKANTA SARKAR	3rd	386	6294091942	Joykanta Sarkar
16	RAHUL ROY	3rd	282	6296929186	Rahul Roy
17	BIPLAB SARKAR	(iii)	714	8653681540	Biplab Sarkar
18	Jibesh Sarkar	III	20	9549909699	Jibesh Sarkar
19	SANJIB BARMAN	Third	512	8187819236	Sanjib Barman
20	DEBLINA SANNYASHI	(iii)	275	8649838614	Deblina Sannyashi
21	SANKITA CHOUDHURY	3RD	85	8145103397	Sankita Choudhury
22	HEMANTI SARKAR	(1)	397	7865948695	Hemanti Sarkar
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvina Dutta
Signature of the Coordinator(s) 24/12/22

J. Chaki
Signature of the Speaker

Total Present: 53

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Computing Skill : 'Cyber Saavy; Staying Safe & secure in the
Online Frontier'

DATE: 24.12.2022

SPEAKER: Shree Ashish Mishra

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	SAMA SARKAR	1st	514	6294091942	Sama Sarkar
02	PRIYA HALDAR	1st	556	8927235943	Priya Haldar
03	NAISIL PARYIN	I	962	9775510842	Naisil Paryin
04	SANKITA CHOWDHURY	3 rd	85	8145103397	Sankita Chowdhury
05	SHYAMALI BASKEY	1st	923	8945031107	Shyamali Baskey
06	PIJU DEBNATH	1st	581	7602890582	Piju Debnath
07	CHUMKI SARKAR	1sem	1099	9691922529	Chumki Sarkar
08	RITA BARMAN	I	1079	9733292775	Rita Barman
09	PUJA PAUL	(I)	625	9547505777	Puja Paul
10	DISHTI ROY	(I)	104	8649856398	Dishiti Roy
11	SANDHYA CHOWHAN	1st	715	7020376338	Sandhya Chowhan
12	BARSHA BHUIMALI	SEM-1	1046	8907829891	Barsha Bhuiamali
13	Shuvankar Roy	1sem	858	7478233287	Shuvankar Roy
14	BIKASH ROY	III	706	9883210785	Bikash Roy
15	JOYKANTA SARKAR	3rd III	386	6294091942	Joykanta Sarkar
16	SWAPAN ROY	SEM-3	935	9064033511	Swapan Roy
17	Sakun Mondal	1st	1011	8250977482	Sakun Mondal
18	TANMOY SARKAR	I	1015	8509685745	Tanmoy Sarkar
19	MIRAJUL ISLAM	sem-1st	1012	9091247040	Mirajul Islam
20	ANJALI HEMBRAM	(I)	379	993332499	Anjali Hembram
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvina Ghille 24/12/2022

Dr. Smt. Gobul Das 24/12/22
Signature of the Coordinator(s)

Ashish Mishra
24/12/2022
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Computing Skill: 'Cyber Saavy': Staying Safe & secure in the online 'Frontier'*

DATE: 24.12.2022

SPEAKER: Shree Ashish Mishra

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	MADESH SARKAR	1st	1002	97419702269	Madesh Sarkar
02	AMIT ROY	1st	028	9832814500	Amit Roy
03	SHUBHOJIT ROY	I	1028	9434526886	Shubhojit Roy
04	GOURAV MAHATO	III	1337	8972684598	Gourav Mahato
05	VISHU SINGH KACHAV	3rd	1042	9127440345	Vishu Singh Kachav
06	PRAJIK KUMAR SARKAR	3rd	346	62975143	Prajik Kumar Sarkar
07	DEBLINA SANNYASHI	(III)	275	8649838614	Deblina Sannyashi
08	PARITOSH DEBSHARMA	ISEM	785	7318630929	Paritosh Debsharma
09	SATYAJIT ROY	1st	367	8250064697	Satyajit Roy
10	ASHIM KR. SARKAR	Sem-III	19	8612055271	Ashim kr. Sarkar
11	CHITRA BASAK	III	259	9983301182	Chitra Basak
12	ASHIK SARKAR	3RD	312	838890571	Ashik Sarkar
13	JIBESH SARKAR	(3)	20	9543909699	Jibesh Sarkar
14	POPI PARVIN	Sem-1	343	9641378876	Popi Parvin
15	PRIYANKA SABNAM	(1)	621	6206608041	Priyanka
16	DIPTI BARMAN	I	49	9046048659	Dipti Barman
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanima Datta
24/12/2022

Dr. Sumati Choudhary
Signature of the Coordinator(s)

Ashish Mishra
24/12/2022
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Computing Skill: 'Cyber Savvy: Staying Safe & Secure
in the Online Frontier'*

DATE: *24.12.2022*

SPEAKER: *Shree Ashish Mishra*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	AFSANA SIDDIKA	First	1026	9901013071	Afsana Siddika
02	SABNUR PARVIN	1st	1011	6297119171	Sabnur parvin
03	RINKI HAIYAT	(I)	074	8348030344	Rinki Haiyat
04	SUSMITA ORAW	(iii)	156	8967827789	Susmita Oraw
05	MAMATA SARKAR	(iii)	368	7602550024	Mamata Sarkar
06	Tanushree Sarkar	1st (I)	644	864983539	Tanushree Sarkar
07	KOYEL SARKAR	1st	940	8670419581	KOYEL SARKAR
08	DEBASREE DEV	(I)	630	6294398511	DEBASREE DEV
09	DIPANWITA ROY	1 sem	18	9339431812	Dipanwita Roy
10	MOUSHAMI SARKAR	1st sem	603	8637930990	Moushami Sarkar
11	MOUSAMI ROY	1st sem	1130	9635863100	MOUSAMI ROY
12	HEMANTI SARKAR	(I)	334	7865948695	Hemanti Sarkar
13	Shibrita Sarkar	(iii)	574	96416110628	Shibrita Sarkar
14	Sakifa Sarkar	(iii)	574	8942854627	Sakifa Sarkar
15	Manika Rajbanshi	Third	514	7029446396	manika Rajbanshi
16	MUSKAN PARVIN	1st	334	843603404	muskan parvin
17	DISHA DAS	(I)	910	8509421355	Disha Das
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvina Sultana, 24/12/2022

Dr. Smita Gupta, 24/12/22
Signature of the Coordinator(s)

Ashish Mishra, 24/12/2022
Signature of the Speaker

Total Present: 114

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Computing skill: 'Tech Trends Trek: Navigating ICT-based Skills and Innovations'

DATE: 27.12.2022

SPEAKER: Shree Ashish Mishra

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	ABDUL FIROJ	I	365	9907778047	Abdul Firoj
02	SAHID KAUS	First	225	7384955488	Sahid Kaus
03	TOHIDUL ISLAM	I	221	8145543468	Tohidul Islam
04	ARSTNA KHATUN	I	496	7601928519	Arstna Khatun
05	RIMA PARVIN	I	427	6295678163	Rima Parvin
06	MONISHA SHIL	I	671	9832935798	Monisha Shil
07	KESHMI KHATUN	I	692	7076386800	Reshmikhatun
08	MANIKA PARVIN	I	1095	7068411955	Manika Parvin
09	WASIMA AKTAR BANU	I	1094	8967810715	Wasima Aktar Banu
10	SABNUR PARVIN	First	1014	6297149171	Sabnur parvin
11	HENA PARVIN	1st sem	643	6297354139	Hena parvin
12	JENIFA ISLAM	1st sem	70	8250499279	Jenifa Islam
13	RIMI SNEHA PARVIN	I	1006	9735877350	Rimi Sneha Parvin
14	APSANA SIDDIKA	1st Sem	1026	9907073071	Apsana Siddika
15	ARNIKA PARVIN	I	192	8348095412	Arnika Parvin
16	LOVELY YASMIN	I sem	519	9695608148	Lovely yasmin
17	MUSKAN PARVIN	1st sem	334	8436084046	Muskan Parvin
18	DISHA DAS	1st sem	919	8509421355	Disha Das
19	MAUSHOMI BEJAM	I	901	9732312883	Maushomi Bejam
20	RASHMI AFRUJA	I	900	8367870845	Reshmi Afruja
21	PRIYA ROY	3rd	68	9734056274	Priya Roy
22	RINKEY DAS	3rd	688	7477587726	Rinke Das
23	ROJINA KHATUN	1st	24	8872887478	Rojina Khatun
24	SARIKA SULTANA	1st	472	8372958507	Sarika Sultanar
25	MD GOLAM MORTUJA	1st	652	9679650009	
26	REBEKA SULTANA	1st	361	7065575994	Rebeka Sultan
27	TAMI SARKAR	3rd	819	9909123232	Tami Sarkar
28	MALATI SARKAR	3rd	515	7872285145	Malati Sarkar
29	Rishmit Roy		500		
30	Dibakar Manda	3rd	1350	8150844857	Dibakar Manda
31	HIYA SARKAR	III	753	8597509181	Hiya Sarkar
32	MUKHI SARKAR	III	883	8348653163	Mukhi Sarkar
33	Arojuna Parvin	1st	315	9635840420	Arojuna Parvin
34					
35					

Tanvir Hossain 27/12/2022

Dr. Smita G. Das 27/12/22
Signature of the Coordinator(s)

Ashish Mishra
27/12/2022
Signature of the Speaker

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Computing Skill: ~~Tech~~ Trends ~~Tech~~: Navigating ICT-based skills and Innovations'

DATE: 27.12.2022

SPEAKER: Shree Ashish Mishra

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	JHUMA DAS	1st	036	9883031508	Jhuma Das
02	NANDINI DAS	1st	037	9091645346	Nandini Das
03	BEAUTY KHATUN	1st	607	0574608995	Beauty Khatun
04	MEHEFIS KHATUN	1st sem	846	9735045151	Mehefis Khatun
05	SAMPA MAHATO	3rd	88	747866953	Sampa Mahato
06	MOUSUMI KHATUN	III	142	8436926780	Mousumokhatun
07	RAFIKA YEASMIN	1st	687	8918049417	Rafika Yeasmin
08	LATIKA KISHU	1st sem	769	816729840	Latika Kishu
09	SARADI MISTRI	I	767	853702577	Saradi Mistri
10	SUMITA ROY	I	859	9832966278	Sumita Roy
11	SAMBUN NEHAR PARVIN	1st	433	7076572240	Sambun Nehar Parvin
12	SUSMITA DAS	I	904	8101171475	Susmita Das
13	SHEULI SARKAR	I	741	6294685260	Sheuli Sarkar
14	SANGITA SARKAR	3rd	172	9635393239	Sangita Sarkar
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvir Dutta - 27/12/2022

Dr. Sunilgopal Das 27/12/22
Signature of the Coordinator(s)

Ashish Mishra
27/12/2022
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Computing Skill: 'Tech Trends Trek: Navigating ICT-based Skills and Innovations'*

DATE: *27.12.2022*

SPEAKER: *Shree Ashish Mishra*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	BISHUDEB SHARMA	1st	54	7364802809	Bishu Debsharma
02	BHAGIBOT KUMAR SINGH	I	22	9064886893	Bhagibot Kumar Singh
03	RUBANA YESMIN	1st sem	191	6296711198	Rubana Yesmin
04	RASIDA PARVIN	I	516	8695164370	Rasidapurvin
05	<i>Aj'u Khatoon</i>	3rd	850	8918575828	<i>Aj'u Khatoon</i>
06	FUKUMARI Mandat	1st	953	7365877529	Fukumari Mandat
07	RAGINA HEMRAM	I	184	8967816162	Ragina Hemram
08	ALPONA HANSDA	I sem	649	7431884987	Alpona Hansda
09	SUKITA BASKEY	1st sem	727	9339897500	Sukita Baskey
10	PAYEL MARDI	1st	342	9883632218	Payel Mardi
11	MORTINA HASDA	I	310	76687601949	Mordina Hasda
12	RENUKA MONDAL	1st sem	17	8710003223	Renuka Mondal
13	PRITI SAHA	I	1140	7501122111	Priti Saha
14	MITHU SINGHA	i	19	9635823629	Mithu Singha
15	AMALA BARMAN	I	50	8670624184	Amala Barman
16	KAKALI SINHA	1st sem	684	9800065426	Kakali Sinha
17	ARPITA ROY	I	445	6296354927	Arpita Roy
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvira Sultta
Signature of the Coordinator(s) *27/12/2022*

Ashish Mishra
Signature of the Speaker *27/12/2022*

Dr. Smita Ghosh
Signature of the Coordinator(s) *27/12/22*

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Computing Skill: Tech Trends Trek: Navigating ICT-based Skills and Innovations*

DATE: 27.12.2022

SPEAKER: Shree Ashish Mishra

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	SAHADAB MANDAL	1st	204	8116 892885	Sahadab Mandal
02	TONOY ROY	I	167	7679246966	Tonoy Roy
03	GALAM YEASDANI	3rd	173	404095959	Galam Yeasani
04	DELOWAR HOSSAIN	3rd	38	626936809	Delowar Hossain
05	Surojit Mandal	1st	806	9883088625	Surojit Mandal
06	KOUSHIK SINGHA	I	44	7810818157	Koushik Singha
07	Totam Singha	I	685	8637015207	Totam Singha
08	TANMOY SINGHA	1st Sem	936	9597995951	Tanmoy Singha
09	RONI SUTRADHAR	1st	302	0635852707	Roni Sutradhar
10	UTTAM SARKAR	3rd	201	0330992134	Uttam Sarkar
11	ASHOK MARDE	3rd	223	8509038505	Ashok Marde
12	ASHIK SARKAR	3rd sem	312	8388905973	Ashik Sarkar
13	SAHID ALAM	1st	890	6294648565	Sahid Alam
14	KARNA SARKAR	3rd	479	7029318601	Karna Sarkar
15	DWIPJWAL ROY	1st	384	0609080306	Dwijjwal Roy
16	MOYOTOSH RAJBANISHI	I	266	8927297997	Moyotosh Raj
17	SUROJIT BEPARI	I	275	0382506301	Surojit Bepari
18	ASHIM KR. SARKAR	3rd	19	0617055271	Ashim Kumar Sarkar
19	CHITRA BASAK	3rd	259	0883391182	Chitra Basak
20	MAMATA SARKAR	3rd	368	7602550057	Mamata Sarkar
21	SUSMITA ORAW	3rd	456	8967827789	Susmita Oraw
22	SUMIT SARKAR	III	1184	0330846064	Sumit Sarkar
23	Nimai Saha	1st	446	0749999284	Nimai Saha
24	Nimai Sarkar	1st	47	7679753269	Nimai Sarkar
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanima Dutta 27/12/2022

Signature of the Coordinator(s) 27/12/22

Ashish Mishra 27/12/2022

Signature of the Speaker

Total Present: 162

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: 'Life Skills: Wellness Matters: Health and Hygiene Essentials'

DATE: 27.12.2022

SPEAKER: Prof. Biplab Maitya

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	NAISIL PARVIN	1st	962	9775610842	Naisil Parvin
02	ANWESHA BAL MATUMDER	(I)	1049	7737902648	Anwesha Bal Matumder
03	PIU DEBNATH	1st	581	7602890582	Piu Debnath
04	RUPA SARKAR	First	972	7811082439	Rupa Sarkar
05	CHUMKI SARKAR	(I)	1079	9691922592	Chumki Sarkar
06	RITA BARMAN	(I)	1079	9733292775	Rita Barman
07	Khorjenghor Sarkar	Sem-1	777	6295551233	Khorjenghor Sarkar
08	Rosmoni Sarkar	(1)	724	8927612207	Rosmoni Sarkar
09	Payel Sarkar	(I)	541	7810957008	Payel Sarkar
10	Tini Sarkar	1st	557	9339445575	Tini Sarkar
11	Bilashi Roy	(1)	371	9635860907	Bilashi Roy
12	Priyanka Mondal	3rd	288	9800891319	Priyanka Mondal
13	SHEULI SARKAR	(I)	741	6294685260	Sheuli Sarkar
14	SUSMITA DAS	(i)	904	8101171475	Susmita Das
15	LAXMI MANDAL	3RD	1148	8391862544	Laxmi Mandal
16	WASIMA AKTAR BANU	First	1094	8967810715	Wasima Akter Banu
17	MARJINA KHATUN	(I)	43	8768438196	Marjina Khatun
18	RESHMI PERVIN	I.	1102	7501739124	Reshmi Pervin
19	MANIKA PARVIN	1st Sem	1095	7063911955	Manika Parvin
20	SUNITA SARKAR	(III)	1041	6295027542	Sunita Sarkar
21	PIU SARKAR	iii	354	8653367578	Piu Sarkar
22	PRIYANKA SARKAR	1ST	1147	9382705356	Priyanka Sarkar
23	TAMALIKA SARKAR	1st	67	9332323971	Tamalika Sarkar
24	DEBI ROY	(I)	1113	9547552663	Debi Roy
25	MAMATA MONDAL	First	1058	7863906514	Mamata Mondal
26	DOLI MAHATO	1.	1040	8927973889	Doli Mahato
27	SHIKHA MAHATO	(I)	896	7029477176	Shikha Mahato
28	Arjuna Parvin	SEM-1	315	9635840420	Arjuna Parvin
29	SALAMA KHATUN	(III)	79	8649830382	Salama Khatun
30	ASAMA KHATUN	(I)	313	6296563746	Asama Khatun
31	BANITA SARKAR	3RD	353	7501016210	Banita Sarkar
32	PRIYATU ROY	3rd	1208	990795638	Priyatu Roy
33	MOSTURA KHATUN	(III)	378	9882316293	Mostura Khatun
34					
35					

Tancina Dutta 27/12/2022

Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Life Skills: wellness matters: Health and Hygiene Essentials*

DATE: *27.12.2022*

SPEAKER: *Prof. Biplab Maithra*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	BEAUTI SARKAR	(1)	942	9800657280	Beauti Sarkar
02	PRIYANKA SARKAR	1st	994	7601800615	Priyanka Sarkar
03	TOHIDUL ISLAM	(1)	221	8145343468	Tohidul Islam
04	TONOY ROY	First	167	7679246966	Tono Roy
05	SAHID KAUS	(1)	225	7384255488	Sahid Kaus
06	RANA SARKAR.	Third	91	9932964737	Rana Sarkar
07	SUBARNA PAUL	(III)	864	7430067082	Subarna Paul
08	INDRANIL DEBNATH	(iii)	676	9799373576	Indranil Debnath
09	ABDUL FIROJ	(1)	365	9907778047	Abdul Firoj
10	TALIB AYOUB HOSSAIN	(1)	971	747778013	Talib Ayoub
11	NIMAI SAHA	SEM-1	446	9749729264	Nimai Saha
12	TANMOY SINGHA	(1)	436	9547495951	Tanmooy Singha
13	JAYANTA KHAN	(1)	1024	9547495951	Jayanta Khan
14	DIPAK ROY	First	07	8027128107	Dipak Roy
15	SUJAN MUNDAS	1.	15	9339115917	Sujan Mudas
16	BISWAJIT SARKAR	(III)	310	7029143898	Biswajit Sarkar
17	JAYESH MIYAR SARKAR	(III)	1336	7048137801	Jayesh miyar Sarkar
18	JIBESH SARKAR	3rd	20	9547909699	Jibesh Sarkar
19	RAKHUNATH SARKAR	(3)	813	8145775316	Raghunath Sarkar
20	ASHOK MARDI	(3)	283	8509038505	Ashok Mard
21	KRISHNA SARKAR	(III)	1175	9749962787	Krishna Sarkar
22	BHAKTI SARKAR	Third	838	7384001114	Bhakti Sarkar
23	MUKTI SARKAR	Third	483	8348653148	Mukti Sarkar
24	TAMI SARKAR	SEM-3	819	7909123232	Tami Sarkar
25	JYOSTNA KHATUN	(III)	0282	8977225722	Jyostha Khatun
26	NASRIN PARVIN	III	309	7719350875	Nasrin Parvin
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanina Datta
27/12/2022

Signature of the Coordinator(s)

Biplab Maithra
27.12.22

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Life Skills: wellness matters: Health and Hygiene Essentials*

DATE: *27.12.2022*

SPEAKER: *Prof. Biplab Mitra*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	PARTHO SAHA	1st	1145	8617575077	Partho Saha
02	SUJIT MAHANTA	(1)	992	7865867631	Sujit Mahanta
03	UJJAL ROY	1.	259	7063179747	Ujjal Roy
04	NIMAI SARKAR	(1)	47	7679753269	Nimai Sarkar
05	MASUD HASAN	I	388	6295322700	Masud Hasan
06	RAJU SARKAR	(1)	231	9883341284	Raju Sarkar
07	RAHUL DAS	First	136	8918560901	Rahul Das
08	BHAGBOTEKUMARSINGH	1st	22	9064886873	Bhagbotekumar Singh
09	CHAYAN BARMAN	(1)	212	7501246218	Chayan Barman
10	Indrajit Sarkar	1.	233	9749515369	Indrajit Sarkar
11	ABHISHEK CHATTERJEE	Sem-1	171	9531704500	Abhishek Chatterjee
12	Dibakar Mandal	(NI)	1350	8159844857	Dibakar Mandal
13	SATYAJIT ROY	1st	367	6362018408	Satyajit Roy
14	MANIK SARKAR	SEM-1	889	7797005983	Manik Sarkar
15	KARNA SARKAR	III	479	7029518601	Karna Sarkar
16	UTTAM SARKAR	(iii)	201	9330942134	Uttam Sarkar
17	DHIRAJ DAS	III	1203	9382501608	Dhiraj Das
18	KALYAN HAZRA	3rd	145	6295113526	Kalyan Hazra
19	SAHADEB MANDAL	(1)	204	8116893885	Sahadeb Mandal
20	PIJUSH ROY	(i)	20	8653952858	Pijush Roy
21	PARIMAL ROY	3rd	445	8373090907	Parimal Roy
22	MAMUN ANCHHARI	III	988	915390526	Mamun Anchari
23	KARTIK MURMU	III	185	8637595750	Kartik Murmu
24	Sajib Sarkar	in	385	8927132897	Sajib Sarkar
25	DELOWAR HUSSAIN	3rd	364	7407678156	Delowar Hussain
26	FARHANA DARVIN	3rd sem	735	6297490014	Farhana Parvin
27	TOYABHOWMICK	III	2102	8195094677	Toyabhowmick
28					
29					
30					
31					
32					
33					
34					
35					

Tanvira Akter 27/12/2022

D. N. Sumit Gopin 27/12/22
Signature of the Coordinator(s)

Biplab Mitra
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Life skills: wellness matters: Health and Hygiene Essentials*

DATE: *27.12.2022*

SPEAKER: *Prof - Biplab Maitra.*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	Manata Besma	1 Sem	132	8167749924	Manata Besma
02	Altana murmu	3 sem	383	7029192359	Altana murmu
03	Radha Rani Sarkar	3rd	983	6295889416	Radha Rani Sarkar
04	Dipa Sarkar	3rd	998	7865903936	Dipa Sarkar
05	Rita Sarkar	3.	984	8509334831	Rita Sarkar
06	Maya Sarkar	III	790	6294654524	Maya Sarkar
07	SUKITA BASKEY	(I)	727	9339897500	Sukita Baskey
08	FULKUMARI MANDAL	(i)	953	7365877529	Fulkumari Mandal
09	MORTINA HASDA	First	310	7601864834	Mortina Hasda
10	MEHEFIS KHATUN	sem-1	846	9735045751	mehefis khatun
11	SUBARNA SARKAR	III	295	7602625865	Subarna Sarkar
12	RANA SHIL	III	79	8016473565	Rana Shil
13	RAHIMA KHATUN	I	64	9647375412	Rahima khatun
14	MAMONI SARKAR	First	58	7601926255	Mamoni Sarkar
15	SUPRIYA SAHA	3 Sem	105	8327048450	Supriya Saha
16	SAMARJIT DEBSHARMA	III	1401	9679218525	Samarjit
17	MAGINA HEMRAM	(I)	184	8967816162	Magina Hemram
18	MARIA GORETI KISKU	1st	134	9339035326	Maria Goreti Kisku
19	ALPONA HANSDA	1st	649	7431884987	Alpona Hansda
20	PAYEL MARJI	First	342	9883632218	Payel Marji
21	RENUKA MONDAL	I	17	8710003223	Renuka Mondal
22	HIYA SARKAR	III	753	8597599181	Hiya Sarkar
23	Rama Parvin	(iii)	153	7319537835	Rama Parvin
24	Rama Parvin	3rd	974	9734173447	Rama Parvin
25	Nikita Malakar	Sem-Third	861	6294357751	Nikita Malakar
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanima Datta 27/12/22

Signature of the Coordinator(s) 27/12/22

Biplab Maitra
Signature of the Speaker 27.12.22

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

**Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya**

(Academic Session: 2022-2023)

TOPIC: Life Skills: wellness matters: Health and Hygiene Essentials

DATE: 27.12.2022

SPEAKER: Prof. Biplab Maity

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	RETIKA SARKAR	(iii)	226	8927304791	Ritika Sarkar
02	KALYANI PAUL	3.	213	8101771802	Kalyani Paul
03	MOUSUMI SARKAR	iii	133	8146198270	Mousumi Sarkar
04	SHILA DEBIVATH	Third	1442	8206497747	Shiladebnath
05	MOUSUMI PAUL	(iii)	891	7670599761	Mousumi Paul
06	ASMAUL SARKAR	(iii)	880	9832880110	Asmaul Sarkar
07	JAYANTA ROY	(3)	645	8392092266	Jayanta Roy
08	ANJALI HEMBRAM	(1st)	379	9933399749	Anjali Hembram
09	REXONA PARVIN	(iii)	420	9641636990	Rexona Parvin
10	ISRAT JAN MUMIRA	(iii)	336	7719350445	Israt Jan Mumira
11	SUBHARANJAN MAHATO	1st	885	7865826770	Subharanjan Mahato
12	SRIDAM MAHATO	1st	950	9800166178	Sridam Mahato
13	MOSTARINA PARVIN	Third	1211	9389263579	Mostarina Parvin
14	ABSAHA PARVIN	3.	797	7872872696	Absaha Parvin
15	SUSMITA HENA PARVIN	(iii)	177	9641845342	Susmita Hena Parvin
16	SIRIN AKTAR BANU	Third	533	9907921376	Sirin Aktar Banu
17	MONALISHA PARVIN	First	306	0641172051	Monalisha Parvin
18	SREYA SARKAR	(1)	1010	7908718920	Sreya Sarkar
19	PATALI SARKAR	(1)	71	8918507480	Patali Sarkar
20	BANASRI SARKAR	(1)	72	761806779	Banasri Sarkar
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanima Dutta 27/12/2022

Dr. Sumit Gopal Das 27/12/22
Signature of the Coordinator(s)

Biplab Maity
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: *Life skills: wellness matters: Health and Hygiene Essentials*

DATE: *27.12.2022*

SPEAKER: *Prof - Biplob Maibra*

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	DISHA DAS	(I)	919	8509421355	Disha Das
02	MUSKAN PARVIN	I	334	8436034046	Muskan Parvin
03	LOVELY NUJAHAN	(III)	379	6297898925	Lovely Nujahan
04	ARSINA KHATUN	(I)	496	7601928519	Arsina Khatun
05	RESHMI KHATUN	(I)	692	7076386300	Reshmi Khatun
06	RIMA PARVIN	FIRST	427	6295678163	Rima Parvin
07	MONISHA SHIL	I	671	9832935798	Monisha Shil
08	SANGITA MAHATO	3rd	1156	8509126219	Sangita mahato
09	BEBIKA ROY	(III)	1952	9883153903	Bebika Roy
10	PRATIMA SARKAR	(III)	104	8597622669	Pratima Sarkar
11	SAMPA BISWAS	III	104	8509659926	Sampa Biswas
12	PRIYANKA KARMKAR	III III	268	8653367600	Priyanka Karmkar
13	RAVU ISLAM	III 3	266	6295593187	Ravu Islam
14	FULTUSI MAHATO	III	409	8509579366	Fultusi Mahato
15	SANGITA MAHATO	III	716	8945836315	Sangita Mahato
16	LATIKA ROY		862	8250281840	Latika Roy
17	Ila Sarkar	III 3sem	477	9641377232	Ila Sarkar
18	Sulekha Sarkar	III III	508	6297211037	Sulekha Sarkar
19	KRISHNA SARKAR	3rd	480	8637074199	Krishna Sarkar
20	MADHUMI SARKAR	I	353	9382602228	madhumita sarkar
21	RAMA SARKAR	(I)	292	7699735273	Rama Sarkar
22	BARNALI MONDAL	(III)	110879	9647414887	Barnali Mondal
23	PIULI MANDAL	3rd	1070297	6297058442	Piuli Mandal
24	ANJUMAN KHATUN	3RD	653	8293746892	Anjuman Khatun
25	JOYSHREE PRADHAN	III 3rd	1343	9116898069	Joyshree Pradhan
26	PAMPA DEBSHARMA	3rd	75	7601892400	Pampa Debsharma
27	C.B JOHORA KHATUN	III III	570	8653269516	Cb Johora Khatun
28	FARHANA PARVIN	III	548	8695478739	Farhana Parvin
29	AFRUJA KHATUN	III 3rd	1302	9001207021	Afruja Khatun
30	Purnima Debsharma	III III	597	6294025266	PURNIMA Debshar
31	NIKITA SARKAR	III	765	8293933066	Nikita Sarkar
32					
33					
34					
35					

Tanina Dutta 27/12/2022

Signature of the Coordinator(s) *27/12/22*

Biplob Maibra
Signature of the Speaker *27/12/22*

Total Present: 147

CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS, LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Soft skill; 'Stress Management for Success: Building Resilience and Maintaining Mental Wellbeing'

DATE: 28-12-2022

SPEAKER:

ATTENDANCE SHEET DR. RAMATOSHI SARKAR

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	PINKI BARMAN	3rd	769	6299028838	Pinki Barman
02	ANAMIKA SINGHA	III	595	8900092214	Anamika Singha
03	ISABNUR KHATUN	III	532	9733491010	Isabnur Khatun
04	PUJA SHIKDAR	3rd	562	6295551219	Puja Shikdar
05	ISRAT JAN MUNIRA	III	336	7719350445	Israt Jammunira
06	REXONA PARVIN	III	420	9641636990	Rexona Parvin
07	Sargitina Khatun	3rd	890	81415173245	Sargitina Khatun
08	SANJITA KARMAKAR	III	1369	7679709281	Sanjitakar
09	RINKY DAS	III	683	7777587126	Rinky Das
10	PRIYA ROY	3rd	68	9731056277	Priya Roy
11	ITI GHOSH	III	870	8250160142	Iti Ghosh
12	MOUMITA PAUL	3rd	1054	7797952891	Moumita Paul
13	BARSHA BHUIMALI	1st	1046	8967829891	Barsha Bhumali
14	SUJATA ROY	1st	629	7029082319	Sujata Roy
15	Reja Roy	3rd	1123	9745503905	Reja Roy
16	PIULI MANDAL	III	297	6297058473	Piuli Mandal
17	BARNALI MONDAL	III	679	9647414587	Barnali Mondal
18	RAHAM BANU	3rd	50	8653307075	Raham Banu
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Coordinator's Signature 28/12/2022

Signature of the Coordinator(s) 28/12/22

Signature of the Speaker 28/12/22

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC: Soft Skill: "Stress Management for Success: Building Resilience and Maintaining Mental Well-being"

DATE: 28-12-2022

SPEAKER: DR. RAMA TOSH SARKAR

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	SIKHA RANI SINGHA	III	1281	8527741282	Sikha Rani Singha
02	SHEFALI KARMAKAR	III	952	9531777064	Shefali Karமாகar
03	MOLLIKA ROY	3.	1366	8500362074	Mollika Roy
04	PINKI BARMAN	(3)	769	6297028838	Pinki Barman
05	PUJA SHIKDAR	(iii)	562	629551283	Puja Shikdar
06	SHILPI MAHATO	Third	568	8373021160	Shilpi Mahato
07	RUMPA MAHATO	(III)	946	8927630643	Rumpa Mahato
08	SHILPI SARKAR	(3)	181	9832718113	Shilpi Sarkar
09	JOYKANTA SARKAR	3rd	386	6296091972	Joykanta Sarkar
10	RAMSAGAR HEMRANJ	SEM-3	154	8927430259	Ramsagar Hemranj
11	SWAPAN ROY	3RD	335	9064039511	Swapan Roy
12	ANAMIKA SINGHA	(III)	595	8900012217	Anamika Singha
13	PROMITA YESMIN	III	461	9732774970	Promita Yesmin
14	PINKI MAHATO	(iii)	898	9339248606	Pinki Mahato
15	TOHIDUL ISLAM	3rd (1)	221	9735923261	Tohidul Islam
16	MANIKA PARVIN	3 Sem	1095	7063411955	Manika Parvin
17	WASIMA AKTAR BANU	(1)	1094	8967810715	Wasima Aktar Banu
18	JAYA ROY	(3)	545	8653162248	Jaya Roy
19	PRAYANKA MONDAL	Third	288	9800831310	Prayanka Mondal
20	SABNUR KHATUN	III	18332	9733491010	Sabnur Khatun
21	ABDUS RAJEL KARIM	(iii)	736	9002355560	Abdul Rajel Karim
22	ANUSHRI MAHATO	(3)	897	8942800383	Anushri Mahato
23	PRATIMA MAHATO	Third	805	8500221068	Pratima Mahato
24	SMRITI MAHATO	SEM-3	878	8942071618	Smriti Mahato
25	DIPA MAHATO	3sem	1006	8167484999	Dipa Mahato
26	RUMANA YEASMIN	(3)	1811	9679377158	Rumana Yeasmin
27	JULFIKA KHATUN	III	1347	8909390577	Julfika Khatun
28	SARMILA ROY	(1)	1397	7865062579	Sarmila Roy
29	Sangita Mondal	1st	740	7098258893	Sangita Mondal
30	Puja Roy	III	1123	9795503905	Puja Roy
31	Namita Roy	(III)	1122	7864018857	Namita Roy
32	Rittik Roy	(1)	1228	850949556	Rittik Roy
33	DIPANWITA ROY	1st	18	9339431812	Dipanwita Roy
34	DEBOSREE DEB	1st	620	6294398511	Debosree Deb
35	LIZA PARVIN	(iii)	694	8653367588	Liza Parvin

Tanima Sultana 28/12/2022

Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC: Soft Skill: "Stress Management for Success: Building Resilience and Maintaining Mental Well-being"

DATE: 28-12-2022

SPEAKER: DR. RAMATOSH SARKAR

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	MOUSUMI MANDAL	3rd	311	7501072808	Mousumi mandal
02	LABANI SARKAR	III	476	9339462761	Labani Sarkar
03	ITI SARKAR	III	08	8946270802	iti Sarkar
04	NILIMA SARKAR	III	230	9883989134	Nilima Sarkar
05	ILU SARKAR	3rd	477	8392017154	ILU Sarkar
06	CHANDANA SARKAR	III	514	7029709334	Chandana Sarkar
07	SONALI DHATTA	III	776	7908649057	Sonali Dhatte
08	TAMI SARKAR	3rd	819	9409123232	Tami Sarkar
09	KRISHNA SARKAR	3rd	480	8637074144	Krishna Sarkar
10	SULEKHA SARKAR	III	508	8602101237	Sulekha Sarkar
11	SUCHITRA HEMRAM	III	253	9734014536	Suchitra Hemram
12	PRITI SARKAR	III	07	9382309094	Priti Sarkar
13	APARNA MAHANTA	3rd	18	7501371240	Aparna Mahanta
14	BABITA SARKAR	3rd	678	7076944346	Babita Sarkar
15	SANGITA ROY	1st	38	9593908919	Sangita Roy
16	MOU ROY	I	208	7601895019	Mou Roy
17	TAMALIKA SARKAR	1st	67	9332323971	Tamalika Sarkar
18	PRIYANKA SARKAR	I	1147	9382705356	Priyanka Sarkar
19	BHASUTI SARKAR	I	35	7318999626	Bhasuti Sarkar
20	MUNA SARKAR	I	488	6294174584	Mina Sarkar
21	GITI SARKAR	I	1249	7811821097	Giti Sarkar
22	SUNITA SARKAR	3rd	1041	6295027542	Sunita Sarkar
23	PINKI DEBSHARMA	III	1163	9339043324	Pinki Debsharma
24	JABA SARKAR	III	411	7718143762	Jaba Sarkar
25	TUMPA SARKAR	3rd	574	7029461912	Tumpa Sarkar
26	PATAKASARKAR	3rd	574	9064156310	PATAKASARKAR
27	PALI MAHATO	1st	574	8944093088	Pali Mahato
28	NAJMA KHATUN	I	38th	6296513270	Najma Khatun
29	MADHUMITA SARKAR	3rd	353	9332602223	Madhumita Sarkar
30	BASANA SARKAR	1st	176	7601882273	Basana Sarkar
31	RAMA SARKAR	III	292	7099735241	Rama Sarkar
32	DISHTI ROY	1st	104	8649896392	Dighti Roy
33	PUJA PAUL	I	615	9547505777	Puja Paul
34	SWAPNA ROY	I	296	8710092671	Swapna Roy
35	SANDHYA CHOWHAN	I	715	7029376338	Sandhya Chowhan

Tanvir Hossain 28/12/2022

Dr. Sumit 901240m 28/12/22
Signature of the Coordinator(s)

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC: Soft Skill : "Stress Management for Success : Building Resilience and Maintaining Mental Well-being"

DATE: 28-12-2022

SPEAKER: DR. RAMA TOSH SARKAR

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	PIULI MANDAL	III	297	6297058773	Piuli Mondal
02	BARNALI MONDAL	III	679	9647414587	Barnali Mondal
03	RANA SHIL	(III)	79	9016478865	Rana Shil
04	RANA SARKAR.	(3)	71	9932964737	Rana Sankar
05	INDRANIL SARDEBNATH	3rd	676	7749373576	Indrani debnath.
06	USHA DEB SARKAR	(3)	871	9883968682	Usha DebSarkar.
07	MOUMITA PAUL	(III)	1054	7797952891	Moumita Paul
08	JARINA ROY	(III)	876	8101691574	Jarina Roy
09	CHANDANA SARKAR	3rd	82	9547057584	Chandana Sarkar
10	ITI GHOSH	Sem-3	870	8260160142	Iti Ghosh
11	MOU ROY	1st	208	7601895014	Mou Roy
12	MOUMITA SARKAR	(1)	1018	8145877490	Moumita Sarkar
13	SUBARIVA SARKAR	(1)	295	7602625865	Subariva Sarkar
14	BHASKAR SAHA	(3)	78	7047537391	Bhaskar Saha.
15	SAMADHAN SARKAR	(III)	925	9027728795	Samadhan Sarkar
16	Indrojit Sarkar	3rd	345	8167608290	Indrojit Sarkar
17	RONI SUTRADHAR	1st	302	9635852707	Roni Sutradhar
18	SUSHANTA MALAKAR	(1)	512	7076477750	Sushanta malakar
19	IMRAN ALI	(III)	58	8927518357	Imran Ali
20	NAIM REJA	(3)	986	9609500445	Naim Reja
21	UDDIPON ROY	SEM-3	1288	7319344687	Uddipon Roy
22	RADIB SAHA	3	1305	7718287599	Radib Saha
23	UJJAL SHIL	Third	73	8927081348	Ujjal Shil
24	PARIMAL ROY	(III)	445	8373090907	Parimal Roy
25	BISWAJIT SARKAR	(III)	310	7029143898	Biswajit Sarkar
26	AVIJIT SARKAR	3SEM	1158	9547520315	Avijit Sarkar
27	MEHEDI HASAN	(III)	1168	7478513689	Mehedi Hasan
28	AMIT ROY	R III	1198	8348078041	Amit Roy
29	Mampi Jui Kamanna	(III)	675	8150978805	Mampi Jui Kamanna
30	Sabnur Yeasmin	(III)	676	7810864392	Sabnur Yeasmin
31	Rabika Sarkar	(3)	1667	973260037	Rabika Sarkar
32	MONALISHA MANDAL	III	772	9733221852	Monalisha Mandala
33	JARINA ROY	Third	876	8101691574	Jarina Roy
34	AJMIRA DARVIN	(III)	246	9339980728	Ajmira Parvin
35					

Tanvee Dutta - 28/12/2022

Dr. Sumati 90124 Qm 28/12/22
Signature of the Coordinator(s)

Sankar
28/12/22
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC: Soft Skill: "Stress Management for Success: Building Resilience and Maintaining Mental Well-being"

DATE: 28-12-2022

SPEAKER: DR. RAMATOSH SARKAR

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	DEBASREE DEB	I	630	6234338511	Debasree Deb
02	DIPANWITA ROY	1st	18	9339431812	Dipansita Roy
03	HEMANTI SARKAR	1st	397	7865948695	Hemanti Sarkar
04	RINKI MAHATO	I	477	7407284537	Rinki Mahato
05	CHHANDA KARMAKAR	I	254	7602654110	Chhanda Karmakar
06	LAXMI MANDAL	3rd	1196	83918625AA	Laxmi Mandal
07	ANU SARKAR	I	995	7810850426	Anu Sarkar
08	PRIYA ROY	3rd	68	9734056274	Priya Roy
09	RINKEY DAS	3rd	683	7477587726	Rinkej Das
10	PRIYANKA SARKAR	1st	1197	9382705356	Priyanka Sarkar
11	TAMALIKA SARKAR	I	67	9332323971	Tamalika Sarkar
12	SANGITA ROY	I	38	9503008910	Sangita Roy
13	HIYA SARKAR	3rd	753	8597599181	Hiya Sarkar
14	DISHA DAS	1st	910	8509421355	Disha Das
15	SANDHYA MAHATO	I	700	8388907579	Sandhya Mahato
16	MUSKAN PARVIN	1st	334	8436034046	Muskan Parvin
17	TAHINA EYASMIN	3rd	909	9732931974	Tahina Eyasmin
18	NEELMA PARVIN	3rd	857	8370065911	Neelma Parvin
19	REJBUN NEHAR	III	1314	7514803185	Rejbun Nehar
20	LPIKA PARVIN	3rd	674	6296762513	Lipika Parvin
21	SUSMITA PARVEEN	III	894	8398517539	Susmita Parveen
22	DEBI ROY	1st	1113	9547552663	Debi Roy
23	MAMATA MONDAL	1st	1058	7863906514	Mamata Mondal
24	BABITA PARVIN	I	341	9883466355	Babita Parvin
25	ARHENA SARKAR	3rd	62	7008174009	Arhena Sarkar
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvika Dutta 28/12/2022

Dr. Sumit 90124 On 28/12/22
Signature of the Coordinator(s)

Signature of the Speaker

Total Present: 128

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Life skills : 'योग (for life) (Yoga for Life)

DATE: 28-12-2022

SPEAKER: DR. SANTIGOPAL DAS

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT - NO.	SIGNATURE
01	MOUSUMI MANDAL	3rd	311	7501073808	Mousumi Mandal
02	JABA SARKAR	3rd	411	7718143762	Jaba Sarkar
03	JELY PARVIN	3rd	98	9883813887	Jely parvin
04	USHA DEB SHARMA	III	871	988396868	usha Debsharma,
05	SUMITRA MARDI	III	438	8101382702	Sumitra Mardi
06	RUPALI KISKA	III	1013	7318606007	Rupali kisku
07	SHILA HASDA	1st	179	7811041732	Shila Halda
08	Namita Roy	3rd	1122	7864016864	Namita Roy
09	Sanadi - mousumi	III	794	7501571967	sanadi mousumi
10	RITIK ROY	III	1228	8509479556	RITIK ROY
11	Galapina Soren	III	795	7407926780	Galapina Soren
12	Poja Roy	3rd.	130	8116175031	Poja Roy
13	Biplesh Roy	I	765	6297974935	BIPLESH ROY
14	Sanehita Roy	1st	1034	0474350803	Sanehita Roy
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanishu Datta - 28/12/2022
Signature of the Coordinator(s)

Dr. Santigopal Das
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Life skill : 'योग-এর জীবন' ('yoga for Life').

DATE: 28-12-2022

SPEAKER: DR. SANTI GOPAL DAS

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	CHANDANA SARKAR	III	82	9547057584	Chandana Sarkar
02	RADIB SAHA	III	1305	2218387521	Radib Saha
03	BHASKAR SAHA	III I	78	7094537301	Bhaskar
04	NIMAI SARKAR	III 3rd	47	7679753269	Nimai Sarkar
05	Alakshya Deb Sharma	III	1200	0083519523	A. S.
06	Bijay Kumar	3rd	522	7619480104	Bijay Kumar
07	UJJAL SHIL	3rd	73	2923081398	Ujjal Shil
08	ABDUL ROUF	I	385	9660456053	Abdul Rouf
09	PRİYOTOSH BOSE	III	572	9641625793	Prityotosh Bose
10	RAHUL BOSU	3rd	737	8768914079	Rahul Bosu
11	AKIJIT SARKAR	III	1158	9547520315	Akijit Sarkar
12	PARIMAL ROY	1st	445	8373000007	Parimal Roy
13	SAMPA SHIL	I	485	9647827309	Sampa Shil
14	MUSKAN PARVIN	I	334	8436084046	Muskan Parvin
15	SANDHYA MAHATO	1st	700	8388907579	Sandhya Mahato
16	DISHA DAS	1st	919	8509421355	Disha Das
17	Mariina Khatun	3rd	490	8337849017	Mariina Khatun
18	Jhanna Yasmin	III	1015	9149722656	Jhanna Yasmin
19	Abdul Kader Khan	3rd	736	95002355560	Abdul Kader Khan
20	Hafizul Islam	III	812	9641990019	Hafizul Islam
21	RAMA PRATAP SARKAR	1st	1104	7679695579	Rama Pratap Sarkar
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Yamine Shil
Signature of the Coordinator(s) 28/12/22

Dr. Santi Gopal Das
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC: Life skill : 'जीवन का योग' (yoga for Life)

DATE: 28-12-2022

SPEAKER: DR. SANTIGOPAL DAS

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	PIULI MANDAL	III	297	6297058443	Piuli Mandal
02	BARNALI MONDAL	III	679	9647414587	Barnali Mondal
03	RANA SHIL	III	79	8016973565	Rana Shil
04	ASHIK SARKAR	III	312	8388905975	Ashik Sarkar
05	CHITRA BASAK	3rd	259	9883391182	Chitra Basak
06	DEBASHIS MARDI	3rd	550	7478546856	Debashis Mardi
07	ASHIM KR. SARKAR	III	19	8617055241	Ashim Kr. Sarkar
08	MAMATA SARKAR	3rd	368	7602550057	Mamata Sarkar
09	SUSMITA ORAW	III	456	8967827789	Susmita Oraw
10	SAMARJIT DEBSHARMA	III	1401	9649218525	Samarjit
11	C.B JOHORA KHATUN	III	570	8653269516	C.B Johora Khatun
12	ARUP BISWAS	3rd	321	8016272831	ARUP BISWAS
13	TANJUYARA KHATUN	III	156	7583977063	Tanjuyara Khatun
14	TANJILA ARJUMAN	III	1056	9083936795	Tanjila Arjuman
15	SABNAMMASTARINA	III	1839	9832136610	Sabnam Mastarina
16	TOYA BHOWMICK	3rd	2102	8145094677	Toya Bhowmick
17	JULIYAS HASDA	1st	688	8509054841	Juliyas Hasda
18	gotam Eyasdani	I	432	6927133545	gotam Eyasdani
19	Ranjit Hemrom	3rd	351	8653367509	Ranjit Hemrom
20	TANMOY SINGHA	I	436	8547495955	Tanmoy Singha
21	NIMAI SAHA	1st	446	9749929244	Nimai Saha
22	DEBASHIS TALUKDAJ	3rd	233	7098543688	Debashis Talukda
23	TANMAY CHOWDHURY	III	369	8392055950	Tanmay Chowdhury
24	SHRUVANKAR BISWAS	III	182	8327409573	Shruvankar Biswas
25	TANMAY ROY	III	622	7029183009	Tanmay Roy
26	SAGAR BARMAN	3rd	752	7047139253	Sagar Barman
27	Bikash Roy	3rd	706	9883219785	Bikash Roy
28	Shuvankar Roy	III	858	7476233287	Shuvankar Roy
29	Sumanit Mahato	1st	571	9335588870	Sumanit Mahato
30	SUMANMAYSHID HAM	I	87	6295712985	Sumanmayshid Ham
31	Rajen Sanyal	III	157	9691753921	Rajen Sanyal
32	Ranjan Mahato	1st	462	9002871328	Ranjan Mahato
33	Parash Roy	I	325	7478722450	Parash Roy
34	Anjali Sarkar	1st	174	7601903510	Anjali Sarkar
35	SOUVIK BASAK	I	1065	8256332535	Souvik Basak

Tanima Saha 28/12/22

Dr. S. Santigopal Das 28/12/22
Signature of the Coordinator(s)

Dr. S. Santigopal Das
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Life skill : 'योगের জন্য জীবন' (yoga-for-life).

DATE: 28-12-2022

SPEAKER: DR. SANGOPAL DAS

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	SUMI PAUL	1st	1087	9134045867	Sumi Paul
02	MANOSI RABIDAS	1st	854	7029545305	Manosi Rabidas
03	SUMANA PARYIN	3rd	197	8250411530	Sumana Parvin
04	PRİYATU ROY	III	1208	9907956528	Priyatu Roy
05	SAPTAMI ROY	III	526	7719348792	Saptami Roy
06	MOUSUMI MANDAL	3rd	311	7501072808	Mousumi Mandal
07	PRITI SARKAR	3rd.	07	9382309044	Priti Sarkar
08	TAMI SARKAR	III	819	9404123232	Tami Sarkar
09	KRISHNA SARKAR	III	480	8637074144	Krishna Sarkar
10	LABANI SARKAR	III	476	9339469761	Labani Sarkar
11	NILIMA SARKAR	3rd	230	9883989139	Nilima Sarkar
12	SUCHITRA HEMRAM	3rd.	253	9734014336	Suchitra Hemram
13	RUMPA MAHATO	III	946	8927630643	Rumpa Mahato
14	SHILPI SARKAR	III	181	9832148713	Shilpi Sarkar
15	SHILPI MAHATO	3rd	568	8373021160	Shilpi Mahato
16	SANGITA MAHATO	3rd.	716	8945836315	Sangita Mahato
17	FULTUSI MAHATO	3rd.	409	8509579366	Fultusi Mahato
18	MAMOMI MALAKAR	III	1242	6296003773	Mamomi Malakar
19	Lata Shil	III	1244	6297386671	Lata Shil
20	SONALI DHATTA	3rd.	776	7908649057	Sonali Dhatte
21	CHANDANA SARKAR	III	514	7029709334	Chandana Sarkar
22	MONALISHA MANDAL	III	772	9733221852	Monalisha Mandal
23	PUJA SHIKDAR	III	1262	6295551289	Puja Shikdar
24	PINKI BARMAN	3rd.	769	6297028838	Pinki Barman
25	ARPIITA SARKAR	3rd	299	6997825568	Arpita Sarkar
26	BICHITRA MANDAL	III	260	8760270248	Bichitra Mandal
27	SUPRIYA MANDAL	III	261	7384182077	Supriya Mandal
28	ASHAMI KARMAKAR	3rd.	327	8101266735	Ashami Karmakar
29	SANGITA MAHATO	3rd.	1156	8509128469	Sangita Mahato
30	MAUSAMI MANDAL	3rd.	673	8503076851	Mausami
31	ANIMA MANDAL	3rd	766	8371996003	Anima Mandal
32	POPI DAS	I	869	9002460097	Popi Das
33	SUMAIYA KHATUN	1st	1148	8967432473	Sumaiya Khatun
34	Rubina Parvin	1st	03	8967432473	Rubina Parvin
35	KrishnaSankar	1st.	1112	7865947496	KrishnaSankar

Tamime Datta 28/12/22

Signature of the Coordinator(s) 28/12/22

Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**

Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya

(Academic Session: 2022-2023)

TOPIC: Life Skill : 'জীবনের জন্য যোগ' (yoga for Life)

DATE: 28-12-2022

SPEAKER: DR. SANTI GOPAL DAS

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	JIBESH SARKAR	3rd	20	9547909699	Jibesh Sarkar
02	ASHIM KR. SARKAR	III	79	9617055271	Ashim Kr. Sarkar
03	RAGHUNATH SARKAR	3rd	813	8145775315	Raghunath Sarkar
04	SAHIN ALAM	1st	435	5325730283	Sahin Alam
05	MD. RIAZ	I	1081	9339091329	Md. Riaz
06	KAMALODDIN AHAMAD	I	726	9334010445	Kamaluddin Ah
07	ASHIK SARKAR	3rd	312	8388905975	Ashik Sarkar
08	CHITRA BASAK	3rd	259	9883391182	Chitra Basak
09	ASHOK MAJUMDAR	III	283	8509038505	Ashok Majumdar
10	Shubhankar Saha	3rd	518	8927029732	Shubhankar Saha
11	SAHIN ALAM	1st	890	6294648565	S.I.
12	JAY RAM ROY	III	1099	9382654434	Jayram Roy
13	ASHIP BEBRA	1st	588	9907969551	Aship Bebra
14	CHANDAN BHOWMIK	I	423	9832848136	Chandan Bhowmi
15	BIP T. TU ROY	I	310	8072665651	Bip T. ROY
16	Amrta Roy	1st	430	7601875751	Amrta Roy
17	ABDUL FETTAH	1st	944	8348171285	Abdul Fetta
18	ASRAFUL ALI	I	1077	9064355507	Asraful Ali
19	KHALID HASAN	III	747	9382303952	Khalid Hasan
20	Rasheed Rahman	III	416	6296672259	Rasheed Rahman
21	ROBIUL ISLAM	3rd	661	6295032702	Robiul Islam
22	Rasheed Rahman	III	94	9064659258	Rasheed Rahman
23	Manerabab Alam	III	78	6294256756	Manerabab Alam
24					
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Tanvir Hossain 28/12/22

Dr. Santigopal Das 28/12/22
Signature of the Coordinator(s)

Dr. Santigopal Das
Signature of the Speaker

**CAPACITY BUILDING AND SKILLS ENHANCEMENT ACTIVITIES: SOFT SKILLS,
LANGUAGE AND COMMUNICATION SKILLS, LIFE SKILLS, ICT/COMPUTING SKILLS**
Organised by the Placement and Skill Development Cell,
in Collaboration with IQAC, Buniadpur Mahavidyalaya
(Academic Session: 2022-2023)

TOPIC: Life skill : 'जीवता जन्म मृत' (yoga for Life)

DATE: 28-12-2022

SPEAKER: DR. SANTI GOPAL DAS

ATTENDANCE SHEET

SL. NO.	NAME (IN CAPITAL LETTERS)	CLASS/ SEMESTER	ROLL NO.	CONTACT NO.	SIGNATURE
01	KISHNADEB SHARMA	1st	1100	7866955411	Kishnadebsharma
02	ARPIYA ROY	I	445	6296354927	Arpiya Roy
03	KALYANI SARKAR	3rd	623	6294649347	Kalyani Sarkar
04	KABITA SARKAR	III	13	6297817027	Kabita Sarkar
05	SANKARI PAUL	I	620	8345879040	Sankari Paul
06	MILI PAUL	I	320	8328799248	Mili Paul
07	MAMATA SARKAR	3rd	368	7602550057	Mamata Sarkar
08	SUSMITA ORAW	3rd	456	8967827789	Susmita Orawal
09	RAGINA HEMRAM	1st	184	8967816162	Ragina Hemram
10	SWAPNA MAHATO	I	1041	9002885939	Swapna Mahato
11	ALPONA HANSDA	I	649	7431884987	Alpona Hansda
12	PAYEL MARDI	1st	342	8883632219	Payel Mardi
13	MARIA GORETI KISKU	1st	134	9359055326	Maria Goretikisku
14	MORTINA HASDA	I	310	7601864834	Mordina Hasda
15	FARHANA YEASMIN	I	121	7501381363	Farhana Yeasmin
16	AIRIN PARVIN	1st	693	7063370313	Airin Parvin
17	RAFIKA YEASMIN	1st	687	8918049417	Rafika Yeasmin
18	SOUVIK BASAK	1st	1065	8250332535	Souvik Basak
19	SANDHYA CHOWHAN	I	715	7020376338	Sandhya Chowhan
20	PUJA PAUL	I	615	9547505777	Puja Paul
21	DISHTI ROY	1st	104	8649896398	Dishti Roy
22	SWAPNA ROY	1st	296	8716092671	Swapna Roy
23	SWAPAN ROY	3rd	835	9064039511	Swapan Roy
24	Raghunath Sarkar	III	24	7501072967	Raghunath
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					

Yanina Datta 28/12/2022
Signature of the Coordinator(s)

Dr. Santu Gopal Das 28/12/22
Signature of the Speaker



INTERNAL QUALITY ASSURANCE CELL BUNIADPUR MAHAVIDYALAYA

Selimabad, P.O.: Buniadpur, P.S.: Banshihari,
Dakshin Dinajpur, West Bengal, India- 733 121.
(Affiliated to the University of Gour Banga)

Dated: 2nd January, 2023

Report on the **Capacity Building and Skills Enhancement Activities: Soft Skills, Language and Communication Skills, Life Skills, ICT/Computing Skills**, organised by Placement and Skill Development Cell in Collaboration with IQAC, Buniadpur Mahavidyalaya.

Report on the Capacity Building and Skills Enhancement Activities: Soft Skills, Language and Communication Skills, Life Skills, ICT/Computing Skills organised by Placement and Skill Development Cell in Collaboration with IQAC, Buniadpur Mahavidyalaya

Introduction: The academic session of 2022-2023 witnessed a series of capacity-building and skills enhancement activities organized by the Placement and Skill Development Cell in collaboration with the Internal Quality Assurance Cell (IQAC) of Buniadpur Mahavidyalaya. These activities aimed to equip students with essential soft skills, language proficiency, life skills, and ICT/computing skills necessary for their holistic development and future endeavours.

Overview of Activities:

22 Dec. 2022 - Language & Communication Skills: The session commenced with a focus on Language & Communication Skills. Dr. Santigopal Das, Assistant Professor of Sanskrit at Buniadpur Mahavidyalaya, delivered a captivating session titled 'The Power of Storytelling: How to Captivate Your Audience & Make Your Message Stick'. A total of 75 students from III semester & I semester of Bengali (Honours), English (Honours), Sanskrit (Honours) participated in this enlightening session.

Learning Outcomes:

- Participants gained a deeper understanding of the power of storytelling in capturing and engaging an audience.
- They learned how to utilize storytelling techniques to effectively communicate their message and make it more memorable.
- Participants explored various elements of storytelling, such as structure, narrative arc, and character development.
- They gained insights into the psychological reasons why stories resonate with audiences on a deeper level.
- The session encouraged participants to consider the potential applications of storytelling in their academic and personal lives.

22 Dec. 2022 - Soft Skill: Following the Language & Communication session, Dr. Jitesh Chandra Chaki, Principal of Buniadpur Mahavidyalaya, engaged 114 students from III semester & I semester of Sociology (Gen.) on the topic 'Delegation and Empowerment: Leading from the Front and Building Strong Teams'.

Learning Outcomes:

- Participants gained a clear understanding of the concepts of delegation and empowerment, and their roles in effective leadership.
- They learned how to identify and delegate tasks appropriately, considering factors like individual strengths, workload, and skill development.
- The program provided practical strategies for empowering team members, fostering ownership, and creating a sense of accountability.
- Participants explored the concept of leading from the front, emphasizing setting a good example, providing guidance and support, and fostering collaboration.
- They discussed the importance of building trust, fostering open communication, and creating an environment where team members feel valued and empowered to contribute their best.

23 Dec. 2022 - Soft Skill: On the next day, Prof. Rabi Tigga, Assistant Professor of History, enlightened 51 students from III semester & I semester of Education (Honours), English (Honours) on 'Time Management for the Modern Student: Mastering Your Schedule and Boosting Productivity'.

Learning Outcomes:

- Participants gained a deeper understanding of the importance of effective time management in the context of student life.
- They learned practical strategies and techniques for creating and managing their daily schedules.
- The program explored various tools and resources available to students to improve their time management skills, such as planners, calendars, and time management apps.
- Participants identified common time-wasters and learned how to overcome them to optimize their focus and productivity.
- They explored techniques for setting realistic goals, prioritizing tasks, and managing stress and distractions.

23 Dec. 2022 - Life Skills: Simultaneously, Md. Sarforaz Rahman, State Approved College Teacher (SACT) of Bengali, shared insights on 'মানসিক সুস্থতাঃ শান্তি ও সফলতার চাবিকাঠি ।' with 88 students from III semester & I semester of Bengali Honours & Gen., Philosophy General.

Learning Outcomes:

- Participants gained a comprehensive understanding of mental health and its significance in achieving personal well-being and success.
- They explored various factors that influence mental health, such as stress, anxiety, and depression.

- The program provided practical strategies for managing stress and maintaining mental well-being, including mindfulness, relaxation techniques, and seeking professional help.
- Participants learned the importance of building a strong support system and seeking help when needed.
- They explored the link between mental health and academic success, emphasizing the importance of self-care and prioritizing mental well-being.

24 Dec. 2022 - Soft Skill: Dr. Jitesh Chandra Chaki returned to address financial literacy among 87 students from III semester & I semester of Pol. Sc. Honours, Education Honours, discussing 'Financial Literacy for Students: Budgeting, Saving, and Investing for a Secure Future'.

Learning Outcomes:

- Participants gained a fundamental understanding of the key concepts of financial literacy, including budgeting, saving, and investing.
- They learned the importance of financial planning and responsible financial management for a secure future.
- The program provided practical strategies for creating and maintaining a budget, tracking expenses, and identifying areas for saving.
- Participants explored various savings options and investment strategies suitable for students, emphasizing responsible practices and risk management.
- They learned about the importance of managing debt responsibly and avoiding common financial pitfalls.

24 Dec. 2022 - Computing Skill: On the same day, Sri Ashish Mishra, Librarian at Buniadpur Mahavidyalaya, enlightened 53 students from III semester & I semester of English Honours, Bengali Honours, Sanskrit Honours on 'Cyber Savvy: Staying Safe & Secure in the Online Frontier'.

Learning Outcomes:

- Participants gained a heightened awareness of the potential risks and dangers associated with the online environment.
- They learned essential practices for staying safe and secure online, including:
- **Protecting personal information:** Understanding the importance of safeguarding sensitive information and avoiding oversharing online.
- **Password security:** Implementing strong passwords and practicing safe password management techniques.
- **Identifying and avoiding online scams:** Recognizing common phishing attempts and other online scams to protect themselves from financial loss and identity theft.
- **Cybersecurity practices:** Utilizing anti-virus software, firewalls, and other security measures to protect their devices and data.
- **Responsible online behaviour:** Understanding the ethical implications of online interactions, promoting responsible use of social media, and recognizing the dangers of cyberbullying.

27 Dec. 2022 - Computing Skill: Sri Ashish Mishra continued the ICT/computing skills session on 'Tech Trends Trek: Navigating ICT-based Skills and Innovations' for 114 students from III semester & I semester of History Honours, Pol. Sc. Honours, Education Honours.

Learning Outcomes:

- Participants gained a broad understanding of emerging trends in Information and Communication Technologies (ICT).
- They explored various innovative technologies impacting different aspects of life and society.
- The program provided insights into the evolving landscape of ICT-based skills required in the contemporary job market.
- Participants learned about potential career opportunities in various ICT fields and the necessary skillsets for success.
- They were encouraged to critically evaluate the impact of technology and consider its ethical implications.

27 Dec. 2022 - Life Skills: Concurrently, Sri Biplab Maitra, State Approved College Teacher (SACT) of History, engaged 162 students from III semester & I semester of Education General, Sociology General on 'Wellness Matters: Health and Hygiene Essentials'.

Learning Outcomes:

- Participants gained a deeper understanding of the importance of good health and hygiene in maintaining overall well-being.
- They explored essential personal hygiene practices, including:
- **Maintaining cleanliness:** Importance of regular bathing, handwashing, and personal grooming.
- **Healthy eating habits:** Understanding the link between healthy food choices and overall health.
- **Physical activity:** Recognizing the benefits of regular exercise and maintaining a physically active lifestyle.
- **Sleep hygiene:** Establishing healthy sleep habits for optimal rest and rejuvenation.
- **Mental well-being:** Recognizing the importance of managing stress, practicing relaxation techniques, and seeking help when needed

28 Dec. 2022 - Soft Skill: The penultimate session focused on 'Stress Management for Success: Building Resilience and Maintaining Mental Well-being' conducted by Dr. Ramatosh Sarkar, Assistant Professor of Bengali, for 147 students from III semester & I semester of Education General.

Learning Outcomes:

- Participants gained a comprehensive understanding of stress, its causes, and its impact on academic performance and overall well-being.
- They explored various stress management techniques, including:
- **Identifying and managing stressors:** Recognizing sources of stress and developing strategies to address them effectively.
- **Time management skills:** Learning techniques for efficient time management to reduce stress and improve organization.
- **Relaxation techniques:** Practicing relaxation techniques such as deep breathing, meditation, and mindfulness exercises to promote calmness and manage stress levels.
- **Building resilience:** Developing coping mechanisms and emotional intelligence to navigate stressful situations more effectively.


- **Seeking support:** Recognizing the importance of seeking help from friends, family, or mental health professionals when needed.

28 Dec. 2022 - Life Skills: Lastly, Dr. Santigopal Das, Assistant Professor of Sanskrit, returned to discuss 'জীবনের জন্য যোগ I' with 128 students from III semester & I semester of Philosophy General, Sanskrit Honours & General.

Learning Outcomes:

- Participants will gain a comprehensive understanding of the importance of yoga for achieving physical and mental wellness, peace, and success.
- They will learn about different branches of yoga, such as Hatha yoga, Raja yoga, Kundalini yoga, meditation, etc.
- They will gain knowledge about various yoga practices such as **yogasanas** (physical postures), **pranayama** (breathing exercises), **dhyana** (meditation), and **yama-niyama** (ethical principles).
- Participants will learn techniques to address physical and mental problems through yoga.
- They will be motivated to practice yoga regularly to achieve wellness, peace, and success in life.

Conclusion: The capacity-building and skills enhancement activities conducted during the academic session of 2022-2023 provided students with a diverse range of knowledge and practical skills essential for personal and professional growth. The collaborative efforts of the Placement and Skill Development Cell along with IQAC have undoubtedly contributed to the holistic development of the students at Buniadpur Mahavidyalaya.


(Dr. Santigopal Das) Co-ordinator
Co-Ordinator, IQAC
Buniadpur Mahavidyalaya
Buniadpur, D/Dinajpur